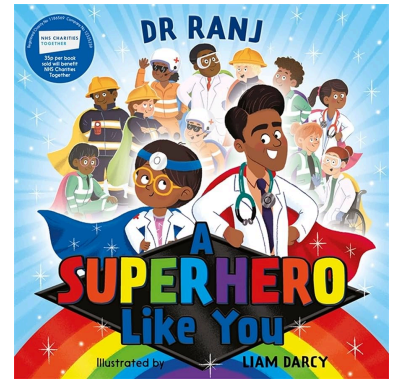


Parent Sheet for our Book Of The Month A *Superhero Like You*

written by Dr Ranj, illustrated by Liam Darcy

We will be featuring a reading of the Book of the Month on our website for you to access the story and share with your child.

Here is a link to an online reading of the book:
https://youtu.be/nPdwZrqOm_s?feature=shared



What is the overarching theme/message of the book? Can we encapsulate this into one word or phrase that is easy for everyone to understand?

- Celebrating our key workers
- Role models
- Inspirational people
- Not all superheroes wear capes
- Representation

Why is the message or theme entrenched in the book important to disseminate with everyone in our community?

- Key workers do amazing work in and for the community
- Teaching children to have a good understanding of this type of work and that we should be grateful
- That helping others is an amazing thing to do

Thinking about the theme/message, what quotes from the book jump out at you that relate to the theme or message?

- “I want to be a real superhero - the kind that helps people and makes the world a better place.”
- “I’ll help look after our amazing planet - and I’ll help my neighbours too!”
- “With gentle care and lots of love.”
- “I’m small, but my superpowers of kindness, care and love are BIG, and I’m going to use them to make the world a better place.”

Activity:	Target Audience:
Talk to your children about the different keyworkers in our society and the important things that they do: DOCTOR, FIREFIGHTER, AIR AMBULANCE, PILOT, CARER, RECYCLING TRUCK DRIVER, SCIENTIST, VET	Children 2-4
If you know someone in a role that helps others, maybe you could ask your child to speak to them about their job and if they have any special tools of the trade; for example a vet with a stethoscope.	Children 3-4
Can your child draw a picture of an everyday superhero.	Children 2-4
Have a think about the different qualities of your child. Funny, clever, good at counting, loves books, kind, affectionate, caring etc. If you have a mirror in their bedroom, write the words "I am kind" in marker (it easily rubs off), and make an affirmation mirror that children can speak these words about themselves.	Children 3-4
Ask your child to think about themes they have helped others? Celebrate these moments.	Children 2-4
Ask your child to think about something nice they could do for another person. Maybe you could bake a cake, offer to walk a friend's dog, make lunch to take over to someone with a newborn.	Children 2-4