

Parent Sheet For Our Book Of The Month

Under My Hijab written by Hena Khan and Illustrated by Aaliya Jaleel

Link to the online reading of the story:

<https://youtu.be/FNPwHSlwoko?feature=shared>



What is the overarching theme/message of the book? Can we encapsulate this into one word or phrase that is easy for everyone to understand?

- Hijab – This is not a barrier and it is an item of clothing.
- “I am not my Hijab.”
- Being an individual, being unique.

Why is the message or theme entrenched in the book important to disseminate with everyone in our community?

- To understand why women wear a Hijab and it is a normality.
- Increase knowledge and to show that wearing a Hijab is not a barrier to doing anything.

Thinking about the theme/message, what quotes from the book jump out at you that relate to the theme or message?

- “My hair shines bright like my future.”
- “Her bright pink Hijab looks so cheerful tucked into her tidy white coat.”
- “These wonderful girls and smart women inspire me with all that they do, I can wear Hijab like each one of them or try something totally new.”
- “Hijab is carefully folded like the crust of my favourite pie.”

Here are some activities that you can do as a result of listening to the wonderful story, ***Under My Hijab***.

Activity:	Target Audience:
Self-portraits – similar features, features that differentiate us.	3 – 4 year old
Talk about the differences in things that people wear.	2 – 4 years old
Playing with scarves: different colours, textures, sizes.	2 – 4 years old

What else can you do with a scarf?	
Look at books about different cultures and traditions. For example, Sikhs wear Turbans, different celebrations etc.	2 – 4 years old
Look at different occupations, Grandma's bakery Mum is a doctor What would you want to be when you are older?	3 – 4 years old
Identity: "I am not my Hijab" Ask a trusted person who wears a Hijab about their experiences wearing one.	3 – 4 years old
Thinking of different "big" words and adding them to our vocabulary. Equality; to understand the reason of the Hijab. Differences; non-discriminatory. Unique; being different is beautiful. Religion; belief.	3 – 4 years old