

February 2024

Rebecca Cheetham Nursery and Children's Centre NEWSLETTER



Dear parents/carers,

January has just flown by—it's definitely been a "blink and you miss it" start to the year. I hope that this newsletter finds you happy and healthy.

PARENT FORUM

Next date: Thursday 22nd February 2024, 9am (face-to-face) and 2.00pm (face-to-face)

TOPIC: Wellbeing

We really enjoy hosting these workshops for you and we hope that you come away with some helpful tips and ideas on how to help support your child's development. We were really happy to host our Math's Parent Forum in January. Here is a PDF of the slides from that session: <https://www.rebeccacheetham.newham.sch.uk/attachments/download.asp?file=766&type=pdf>

This month's session is centered on wellbeing. Here is the flyer for our February workshop: <https://www.rebeccacheetham.newham.sch.uk/attachments/download.asp?file=767&type=pdf>

EDUCATIONAL VISITS

We are very happy and hopeful (dependent on the number of adults we can have attend) that we will be taking the children on an educational visit in relation to our topic on "Transport". This educational visit gives children an opportunity to use the bus, train and the cable cars. The teachers have also planned some activities to keep the children engaged as well. The teachers have put a great deal of effort into organising this visit and the only way we can make these trips a success is with the support of our parents/carers who can attend with us. If you can't make it yourself, you are welcome to invite a trusted adult that your child has a great relationship with to join them on the trip. Thanks in advance for your support in helping these things happen. Just a reminder that the classrooms will be going on the following dates: **Cooke Room—Tuesday 6th February, Donaldson Room—Wednesday 7th February and Jeffers Room—Thursday 8th February.**

PARENT PARTNERSHIP COMMITTEE

We are very pleased to announce that we have founded a Parent Partnership Committee. In future newsletters we will introduce you to your team of parents but in the meantime if you are interested in joining the committee, please send an email to the school info address (info@rebeccacheetham.newham.sch.uk) with the subject PARENT PARTNERSHIP so we know how to direct the email. We have two available spaces.

The Committee will be working on events such as Fiesta Fun Day, promoting Parent Forum and our Educational Visits and generally being that bridge between the school and the home.

Nursery Opening Times

Extended day
8:00am to 5:00pm
Or
8:00am to 6:00pm

30 Hours
8:45am to 2:45pm

Morning place
8:45am to 11:45pm

Afternoon place
12:45pm to 3:45pm

Charges apply for
late collections.

Attendance and Punctuality

We take attendance and punctuality very seriously and it is proven that constant absence can be a major disruption to your child's development.

Research has shown that attending early years education and care can help to improve children's outcomes and narrow the gap associated with socio-economic disadvantage. <http://www.nuffieldfoundation.org/impact-nursery-attendance-childrens-outcomes>

If your child will not be attending nursery, it is essential you contact us



Like us on
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Follow us on
Twitter
@RCNCC15

EDUCATION FOR SUSTAINABLE CITIZENSHIP BRONZE AWARD

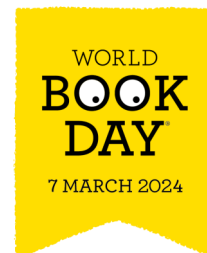
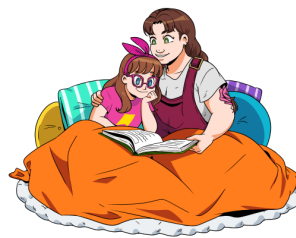
In order to achieve this very important award we need a minimum of 60% of our parents involvement. Last month we sent out a link to how you can play your part in this and we really need your help. The benefit of joining the award scheme is that you will get loads of great ideas on how you can support your child's learning at home in relation to issues about the environment and social awareness. Let's all work together to build a better world for our children. Here is a link to the pdf that explains how to get your self started. Thank you in advance for your wonderful support.

<https://www.rebeccacheetham.newham.sch.uk/attachments/download.asp?file=752&type=pdf>

Don't forget the statistics we provided last newsletter regarding parental involvement in your child's education; it's an exciting challenge, with excellent benefits for your child, for you, for the school and for the local community. Research has identified that, at age 7, a parent's influence on a child's learning is six times that of their school and even at 11 years old, it is 29% greater. Increased involvement can raise achievement by at least 18%. No involvement statistically means low or no qualifications at age 16.

WORLD BOOK DAY (Thursday 7th March 2024)

World Book Day will be upon us in no time and reading with your child is one of the best things you can do to help with their development, not to mention building a closer bond with your child! It's a win-win!



We will be offering lots of activities on the day but one of the most exciting things we will be offering is a **“Make Your Own World Book Day Costume”** workshop at Rebecca Cheetham Nursery hosted by one of our wonderful parents, Francis! We will provide you with everything that you need; all you need to do is bring your creativity and any materials that have inspired you. We have two dates for you: **Wednesday 21st February 2024 between 9.30am—11.30am and Wednesday 28th February 2024 between 2.30pm—4.30pm**. We love seeing the children dress up and we will be welcoming book related costumes on the day but please, ***don't spend money on buying a costume!*** If you were going to spend money on a costume, we'd rather you spent it on books!

We would also love to have parents come in to read books to the children in their home/heritage language on the day! Let your child's classroom teacher/leader know if you are available to do this!

Here is a link to the Family section of the World Book Day website to give you some further ideas: <https://www.worldbookday.com/families/>

World Book Day will also see the launch of...

FRED (Father's Reading Every Day)

If you don't have any books at all for your child at home, please speak (discretely) to a member of the office team or your child's key worker—we don't want any child to not have books of their own!

When you sign up to the programme, you are committing read to your child or children for at least 15 minutes a day for the first two weeks and at least 30 minutes for the second two weeks. You will get a reading log to record the number of books read and how much time you spend reading together.

This programme is important because it has been shown to improve children's reading and educational achievement. It is also a great way of spending more time with your child and deepening your bond. One dad who took part in FRED said: “Learning is more fun reading with my children. My daughter talks about FRED all the time, she likes to read all kind of books now.”

We will be launching FRED on Thursday 7th March during our World Book Day celebrations. Look out for the information packs that the team will be handing out to you!

Finally, although the programme is called FRED, it is not just for fathers, but for father figures too – this may include grandfathers, brothers, uncles or family friends.

If you want to find out more about FRED, click the link here: <https://www.fatherhoodinstitute.org/fathers-and-education>

If you have not already seen our January—March 2024 Activity Calendar please follow the link below

[STRATFORD AND WEST HAM CHILDREN'S CENTRE VIRTUAL AND SESSIONAL TIMETABLE](https://rebeccacheetham.newham.sch.uk)
(rebeccacheetham.newham.sch.uk)

Or alternatively you can collect a paper copy from the front office.

Sessions at Abbey Lane no longer require booking but please ensure that you call us on 0208 534 3136 to secure a space at all other sessions.

Save the Date



COMING SOON...

Pop **Friday 28th June 2024** in your diary to save the date for our upcoming Family Fun Day.

We are working behind the scenes to play and prepare for this event and you will receive more information shortly!



Reminder

The Children Centre will be closed on:

- **Wednesday 21st February 2024**
- **Wednesday 28th February 2024**

No sessions will be taking place on these dates

HEALTH PROMOTION SESSION

@ Rebecca Cheetham

Gain support and advice on specific topic from a Health Visitor in our area.

The next session will be taking place on:

Thursday 15th February

Healthy Lifestyles & Weaning

3rd Thursday of the month alongside

Stay & Play

1:30pm—2pm

Booking Required

Call to secure a place today

HEALTHY START VITAMINS

Is your child getting their daily dose of Vitamin D? We recommend that all children take a vitamin supplement. Don't forget



that we are a distribution centre and you can collect FREE vitamin drops from the main office for your under 4's. You can also collect vitamins if you are pregnant. Come and speak to us at the office if you would like more information.

STAY AND PLAY FOR UNDER 5s WITH A SPEECH AND LANGUAGE THERAPIST

Thursday 22nd February 2024

Please feel free to drop in and speak to us if:

YOU ARE WORRIED YOUR CHILD IS NOT TALKING OR DOESN'T UNDERSTAND YOU

YOU ARE WONDERING IF YOUR CHILD NEEDS A REFERRAL TO SPEECH AND LANGUAGE THERAPY

YOU WOULD LIKE TO KNOW MORE ABOUT THE SPEECH AND LANGUAGE THERAPY JOURNEY

IS YOUR CHILD ON THE WAITING LIST FOR SPEECH AND LANGUAGE THERAPY?

DO YOU WANT TO KNOW WHAT THE NEXT STEP FOR YOUR CHILD IS?

DO YOU WANT TO KNOW MORE ABOUT STRATEGIES TO SUPPORT YOUR CHILD'S COMMUNICATION

WOULD YOU LIKE SOME ADVICE?

If you are worried about your child's communication skills, please come to one of our drop-in sessions

Contact your local Children's Centre for more information



Rebecca Cheetham Gets a Makeover



You will have noticed over the last few months that a transformation has been taking place at Rebecca Cheetham Nursery and Children's Centre. We have been working alongside mural artist, Carlos Peñalver, to collaborate on a bespoke mural on our external facade that brings a sense of intrigue, interest, wonder and joy to the children and families that attend Rebecca Cheetham.

What we have entitled, "an illustrated letter to the "joyfulness of play" at Rebecca Cheetham Nursery and Children's Centre, our hope is that the children and families will spend time talking about the things they see in this abstract piece. The objects contained in the work are not so obvious, so it takes a little time to stop, wonder and try to decipher what they see; perhaps, what one child sees, another child might see something different, just like laying on the grass and identifying objects in the clouds.

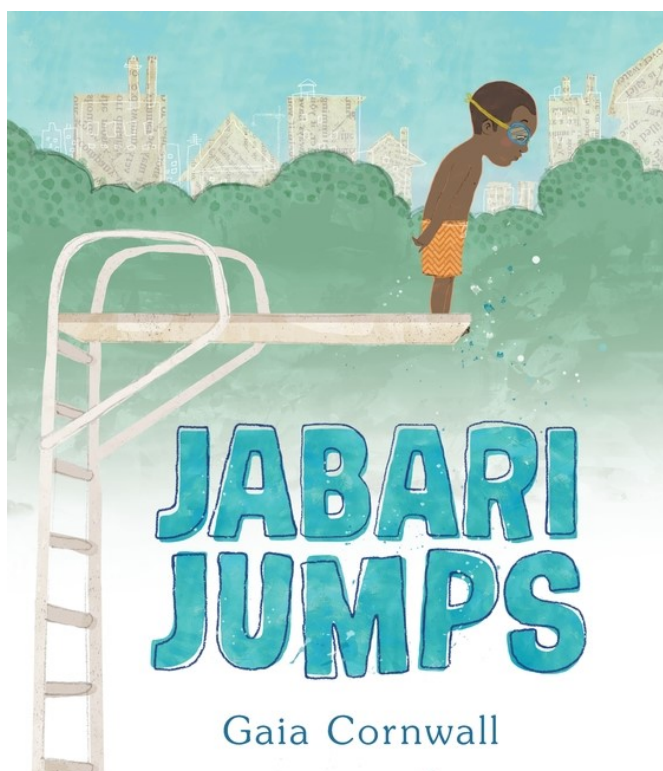
We invite you to spend a moment to stop and look at our mural with your child and have a conversation about what you see; what things are instantly recognisable? What things look like they are hidden? Point to a particular object and ask your child to describe it to you. Ask them if certain things in the painting remind them of something else. What colours can they see? Would they want to make their own drawing at home or in the nursery? A huge part of creating a more abstract mural was to allow for conversation, for intrigue and for analysis and de-coding.

We feel like the exterior of the building is finally giving some indication of the wonderful play and learning opportunities that await when you walk through the doors of Rebecca Cheetham Nursery and Children's Centre and we couldn't be more happy with the result!

If you would like to read the full article, including more information about our mural artist, please click on this link:
[https://
www.rebeccacheetham.newham.sch.uk/
news/?pid=6&nid=1&storyid=50](https://www.rebeccacheetham.newham.sch.uk/news/?pid=6&nid=1&storyid=50)



Book of the Month



We use books to open up a world of learning for our children. The core books we use, relate to children's interests and we feed that through the breadth of activities we offer within the provision. We also think that using books as the basis for our learning helps children love reading on a deeper level which we hope they will keep with them throughout their education. This month our key book is ***Jabari Jumps*** by written and illustrated by **Gaia Cornwall**. This is a simple, yet beautifully told story about young Jabari, who is full of confidence having just graduated from his swimming test and wanting to celebrate by jumping off the diving board. Fear starts to grip him as he climbs up the ladder. Will he manage to overcome his fear, climb to the top and jump off? Children should find a lot to connect with in this book and this was a wonderful book to get children to talk about their fears and ways we can try to overcome them.

Here is a link to the parent sheet for this book which has some activities you can do with your child:

<https://www.rebeccacheetham.newham.sch.uk/attachments/download.asp?file=769&type=pdf>

And here is a link to a reading of the story as well:

<https://www.youtube.com/watch?v=vSqs6Z3JPYM>

IMPORTANT DATES

February 2024

Friday 2nd February

- World Number Day—wear something with a number or an item of clothing which has something that we could count. —**DON'T BUY SOMETHING FOR THIS PURPOSE PLEASE!**

Tuesday 6th February

- Educational Visit Cable Car—Cooke Room

Wednesday 7th February

- Educational Visit Cable Car—Donaldson Room

Thursday 8th February

- Educational Visit Cable Car—Jeffers Room

Wednesday 21st February

- World Book Day Costume Making Workshop 9.30am-11.30am

Thursday 22nd February

- Parent Forum—Wellbeing

Wednesday 28th February

- World Book Day Costume Making Workshop 2.30pm—4.30pm

March 2024

Tuesday 5th March

- Booster Seat Theatre coming in to perform for the children

Wednesday 6th March

- Parent Forum and School of Family—Early Reading 9am & 2pm

Thursday 7th March

- World Book Day
- FRED Launch Date

Wednesday 13th March

- School of Family—SCIENCE EVENT

W/C 25th March—28th March

- Parent Consultations (Details to follow)

