

# May 2023

## Rebecca Cheetham Nursery and Children's Centre NEWSLETTER



Hello everyone.

We are delighted to announce that our school has been awarded the Inclusive Quality Mark Flagship for the second time.

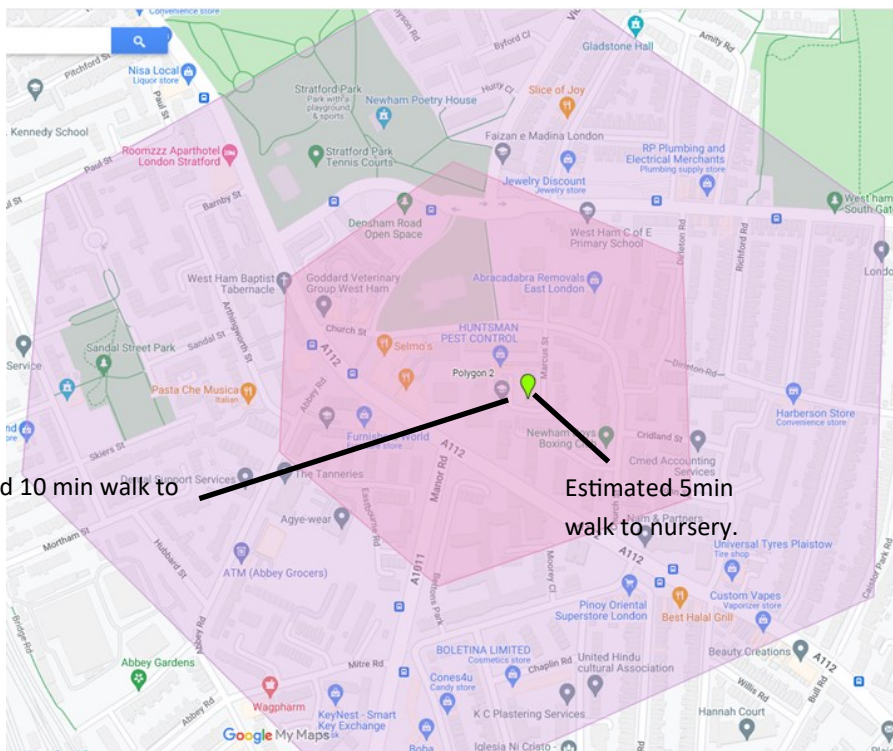


This prestigious award celebrates the commitment the setting shows in encouraging everyone to reach their fullest potential. You can read the assessors report using the link [Rebecca Cheetham Nursery & Children's Centre - Inclusion Quality Mark Award - Flagship Status](#)

Our next **Parent Forum** workshop will be on **Friday 12th May 2023** on **Safe-guarding and e-safety**. This is a great opportunity to find out more about what we do at Rebecca Cheetham to keep children safe. Make sure you sign in at the front office to reserve your space. A face to face session will be running at **10.00 am** with a session via zoom at **2.00pm**.

**Walk to school week** takes place from **Monday 15th May to Friday 19th**

**May**. The map below shows how quick it is to walk to school if you live locally. Bus routes for routes 69, 473, 276 and 241 are found along the A112 with Stratford and Plaistow stations a short ride away. If you do have to drive, why not park further away and 'stride' into school? It's a great way to keep fit and improve the air quality around the school.



Estimated 10 min walk to nursery.

Estimated 5min walk to nursery.

### Nursery Opening Times

Extended day  
8:00am to 5:00pm  
Or  
8:00am to 6:00pm

30 Hours  
8:45am to 2:45pm

Morning place  
8:45am to 11:45pm

Afternoon place  
12:45pm to 3:45pm

Charges apply for late collections.

### Attendance and Punctuality

We take attendance and punctuality very seriously and it is proven that constant absence can be a major disruption to your child's development.

Research has shown that attending early years education and care can help to improve children's outcomes and narrow the gap associated with socio-economic disadvantage. <http://www.nuffieldfoundation.org/impact-nursery-attendance-childrens-outcomes>

If your child will not be attending nursery, it is essential you contact us



Like us on Facebook



Follow us on Twitter  
@RCNCC15

Rebecca Cheetham Nursery and Children's Centre  
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Stratford  
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Now that the warm weather is here, why not get out and about by walking, cycling or using a scooter, instead of using a vehicle. Bike week (3rd to 12th June 2023) is fast approaching and Newham are offering free bicycle training to boost confidence on the roads when using a bike. Click on the link [Newham \(cycleconfident.com\)](https://www.cycleconfident.com) to find out more

**WE ARE HELPING  
YOU TO CYCLE MORE.**



**WE ARE NEWHAM.**

**Fantastic, FREE cycling fun  
at Beckton Park  
in April, May and June  
for all ages and abilities**

**Beckton Bikezone**  
is located near the  
Will Thorne Pavillion  
Stansfeld Rd, E6 5LT



HM Government This project is funded by the UK Government through the UK Community Renewal Fund

People at the Heart  
of Everything We Do

The London Borough of Newham is committed to making cycling a safe, enjoyable and practical method of transport in the borough. Anybody who lives, works or studies in the borough is entitled to the following **free** services:

**FREE Cycle Skills:** Get tailored training at a level suited to your needs, or book a lesson for the family (with up to three participants)! Choose from Basic (off-road environment), Urban (quiet local roads) or Advanced (complex junctions and busy roads).

[Book Basic](#) [Book Urban](#) [Book Advanced](#) [Book Family](#)

**FREE Group Cycle Training:** Click [here](#) to see what's on, or visit these pages for more information: [Adult Group Cycle Training](#) & [Children's Group Cycle Training](#).



## Healthy Lifestyles and Weaning (Health visitor session)

Find how to support your child's dietary needs

(Rebecca Cheetham face to face)

**Booking required.**

**Thursday 18th May 2023**

**1:30pm– 2:00pm**

## Toilet Training Workshop

Join a member of our family support team to gather ideas and strategies on how you support your child to transition from nappies to the toilet.

(Rebecca Cheetham face to face)

**10:00am 11:00am**

**Booking required**

**Tuesday 13th June 2023**

## Fiesta Fun Day

A fun filled day for children under the age of five and their families.

**Friday 30th June 2023**

**1:00pm – 5:00pm**

Rebecca Cheetham Nursery  
and Children's Centre,  
Marcus Street, Stratford, E15 3JT

**£1 contribution on entrance**



## Family Support– Wellbeing Drop– in (monthly)

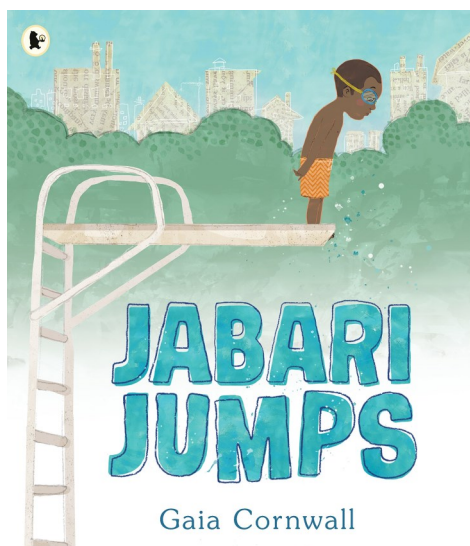
(22nd May and 19th June)

**1:00pm– 3:00pm**

We all sometimes need a space where we can speak about our experiences in a safe, confidential and non judgmental environment. This is why we have created this monthly drop in for you, to come and speak to one of our highly skilled and professional Family Support Workers.

**Booking through QR Code**

# Book of the Month



We use books to open up a world of learning for our children. The core books we use relate to children's interests and we feed that through the breadth of activities we offer within the provision. We also think that using books as the base for our learning helps children love reading on a deeper level which we hope they will keep with them throughout their education. We will be using books to enhance key messages we want to impart through our whole nursery and children's centre.

This month our key book is ***Jabari Jumps***, written and illustrated by Gaia Cornwall. *Jabari Jumps* is a fantastic book that helps us to be brave and look at how we can tackle those things that make us scared or nervous. We find how important it is to have that wonderful adult encouragement there to help us along.

*"Working up the courage to take a big leap is hard, but Jabari is nearly almost ready to make a great big splash." (Jabari Jumps)*

We are very happy to recommend a reading of the book by Olympic Swimmer, Alice Dearing, who represented Team GB in the 2020 Olympics. Alice also co-founded the Black Swimming Association in 2020. What a wonderful role-model she is for our children. Please click on the link below to take you to her youtube reading of the book! <https://www.youtube.com/watch?v=vSqs6Z3JPYM> Why not try out some activities linked to this book at home. [Parent Sheet Jabari Jumps.docx \(rebeccacheetham.newham.sch.uk\)](#)

## May

Monday 1st May—Bank Holiday  
Monday 8th May—Bank Holiday  
Friday 12th – Parent Forum— E– Safety and Safeguarding.  
15th to 19th - Walk to School week.  
Wednesday 24th—**Open day** for prospective families 4 to 5 pm.  
Monday 29th May—Friday 2nd June—Half Term (Nursery closed to term time only children)

## June

13th, 15th and 16th June - Educational visits to Leigh-on-Sea. Proposed dates to be confirmed.  
Tuesday 20th June—Parent Forum— Outdoor play  
Wednesday 21st June -**Sports day** at Stratford park. Date to be confirmed  
Friday 30th June – **Fiesta Fun Day**

## July

Thursday 6th July - Parent Forum - Transitions  
Week beginning 10th July - Parental Consultation for children who are leaving the setting.  
Thursday 13th July - Summer Graduation Concert  
Wednesday 19th July – Summer Parties  
Friday 21st July – INSET DAY (Nursery CLOSED)  
Monday 24th July to 13th August—School closed for all children







Science week



Lots of fun was had by all during Science week. You can check out more information about this event and others held at the setting by going to our website at [Rebecca Cheetham Nursery & Children's Centre - Home](#)

# READING LIBRARY

Welcome to Rebecca Cheetham's Reading Library.

Hello, my name is Empress and I work in the front reception.

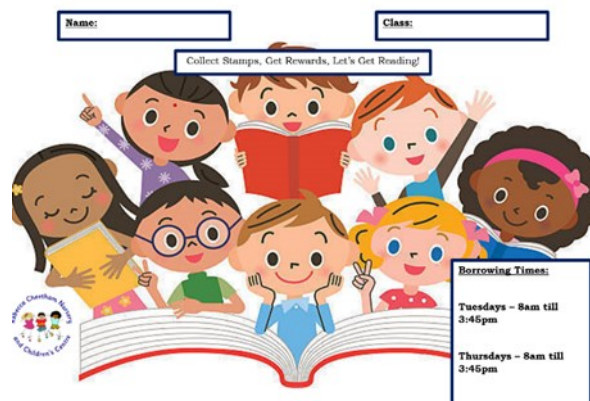
At Rebecca Cheetham, we have started a reading library. The reason for starting this initiative is so to develop a love of books and reading in all children. This is at the heart of all we do here at nursery. We love to encourage all members of the family to read to and with the children to foster this passion. There are a wide range of books to choose from including bilingual books.

When your child joins the reading library, they will be given a reading passport which is used to collect stamps for each book they read and return. Children will be allowed to borrow **ONE** book, **ONCE** a week to read and enjoy.

Once your child has been awarded 6 stamps, they will receive a personalised bookmark in recognition of their achievement. When they have collected all 12 stamps, they will receive a certificate and have their name mentioned in the newsletter.

The reading library runs on Tuesdays 8am – 3:45pm, Wednesdays 10am–6pm and Thursdays 8am – 3:45pm.

We ask if you could keep reading library books separate from other books that are given home in book bags to avoid confusion.





# SWIM 5k in MAY



## YOUNG LIVES vs CANCER



The lovely Sarah Hill who works in our children's center is swimming 15K - 600 lengths of the pool, to raise money for young people and families affected by cancer. If you would like to donate to this worthy cause you can sign the sponsorship form at the front office and hand in your donation.