



HEALTH PROMOTIONAL SESSIONS

Lead by Newham Health Visitors

Come and join a Health Visiting Health Care Practitioner for one of our virtual advisory sessions running every 3rd Thursday of the month via Zoom.

Healthy Lifestyle / Weaning

Find out what you can do to support children's dietary needs and introducing solid foods

Thursday 21st April 2022 at 1:30PM-2:00pm

Toilet Training

Find out what you can do to support your child to become fully toilet trained

Thursday 19th May 2022 at 1:30PM-2:00pm

Accident Prevention / Minor Ailments

Find out what to do to keep your home and child safe

Thursday 16th June 2022 at 1:30PM-2:00pm

To register your interest and secure a space on any of the above sessions please follow the link below: <https://forms.gle/dpDY9yPhwaT5hec49>. You will then receive further information including how to join the session via email.

If you would like more information, please contact us on **0208 534 3136 ex.4**

