

Parent Sheet for our Book Of The Month

Look Up written by Nathan Byron and illustrated by Dapo Adeola

We will be featuring a reading of the Book of the Month on our website for you to access the story

and share with your child.

What is the overarching theme/message of the book? Can we encapsulate this into one word or phrase that is easy for everyone to understand?

- Dreams
- What I want to be when I grow up
- Believe
- Feelings

Why is the message or theme entrenched in the book important to disseminate with everyone in our community?

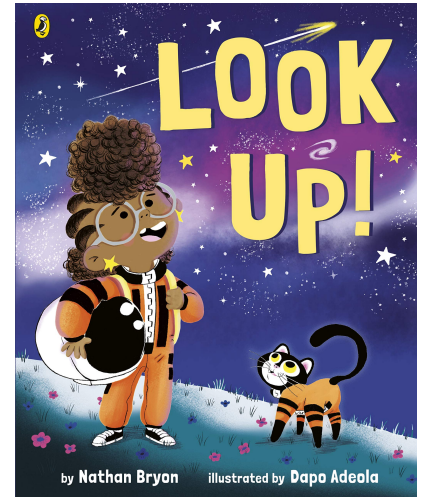
- Equality
- You can be what you want to be
- Challenges gender and ethnicity stereotypes
- Gives children inspiration
- Representation

Thinking about the theme/message, what quotes from the book jump out at you that relate to the theme or message?

- “All I know is that one day I’m going to be the greatest astronaut, star catcher, space traveller, who ever lived, like Mae Jerrison, the first of African-American women in space.”
- “I’m totally prepared.”
- “I defied gravity...captured rare and exotic life forms...and built a ship to the stars.”

Here are some activities that you can do with your child in regards to exploring the book’s themes

Activity:	Target Audience:
Building a rocket - with a variety of junk modelling objects e.g. paper/cardboard/plastic/bottles/rolls/buttons/string etc.	2-4 year old
Dressing up as astronauts or other role models and the children can decide who they want to be.	2-4 year old
Go to the library and discover books on positive people and adults – builders/dentist/doctors etc.	2-4 year old



Look at pictures of shooting stars and astronauts to talk about and ask questions about.	2-4 year old
Messy activities – Black paper, sparkle paint and glitter.	2-4 year old
Binoculars/telescopes, “Look up!”, what can you see?	2-4 year old
Happy dance, making your own dance to music to express feelings through actions and movements. (Outside community, YouTube)	2-4 year old
Light and dark activities – what we can see in the daylight, what we can see in the dark.	2-4 year old Parents and carers