



HEALTH PROMOTIONAL SESSIONS

Lead by Newham Health Visitors

Come and join a Health Visiting Health Care Practitioner for one of our virtual advisory sessions running every 3rd Thursday of the month via Zoom.

Healthy Eating

Find out what you can do to support children's dietary needs and balancing their daily intake

Thursday 18th March 2021 at 1:30PM

Thursday 20th May 2021 at 1:30PM

Thursday 15th July 2021 at 1:30PM

Home Safety and Accident Prevention

Find out about every day hazards surrounding your child's environment and what you can do to avoid them

Thursday 15th April 2021 at 1:30PM

Thursday 17th June 2021 at 1:30PM

To register your interest and secure a space on any of the above sessions please follow the link below: <https://forms.gle/dpDY9yPhwaT5hec49>. You will then receive further information including how to join the session via email.

If you would like more information, please contact us on **0208 534 3136 ex.4**

