

'COME AND PROBLEM-SOLVE' ZOOM PARENT SESSIONS FOR FAMILIES OF CHILDREN UNDER 5 YEARS OLD.



Parent Sessions 2021	Date	Location
<p><u>Communication and Behaviour</u></p> <ul style="list-style-type: none"> - How to identify and understand the reasons for your child's challenging behaviours - How to support your child to regulate and express their feelings 	<p>Mon 22nd Feb 1:30 – 2:30</p>	<p>https://www.eventbrite.co.uk/e/137620160605</p>
<p><u>Sensory and Behaviour</u></p> <ul style="list-style-type: none"> - Exploring the reasons your child is seeking or avoiding sensory experiences - Strategies to support your child at certain times during the day, such as in the playground, during changes in routine, getting dressed. 	<p>Thursday 25th Feb 10:00 – 11:00</p>	<p>https://www.eventbrite.co.uk/e/137629215689</p>
<p><u>The Importance of Play – Level 1</u></p> <ul style="list-style-type: none"> - For families to be shown and share some simple and everyday play activities that can support your child's learning, development and communication - For parents of children who are not yet using any words 	<p>Thursday 11th March 10:00 – 11:00</p>	<p>https://www.eventbrite.co.uk/e/137631963909</p>
<p><u>Supporting your child's independence</u></p> <ul style="list-style-type: none"> - To support parents in understanding the importance of independence for their child. - For Families to learn new ways to encourage their child to be more independent in everyday tasks in the home. 	<p>Tuesday 20th April 10:00 – 11:00</p>	<p>https://www.eventbrite.co.uk/e/137635309917</p>
<p><u>Using visuals to help communication</u></p> <ul style="list-style-type: none"> - Exploring how you can help your children express their needs and wants using visual support e.g. Core vocabulary boards 	<p>Thursday 22nd April 10:00 – 11:00</p>	<p>https://www.eventbrite.co.uk/e/137785649587</p>
<p><u>The Importance of Play – Level 2</u></p> <ul style="list-style-type: none"> - For families to be shown and share some simple and everyday play activities that can support your child's learning, development and communication - For parents of children who are using some words 	<p>Tuesday 11th May 13:30 – 14:30</p>	<p>https://www.eventbrite.co.uk/e/137785890307</p>
<p><u>Resource Making Workshop</u></p> <ul style="list-style-type: none"> - An opportunity to make resources to support your child's communication and interaction 	<p>To be confirmed</p>	<p>Tunmarsh Centre. BOOKING ESSENTIAL.</p>
<p><u>Communication and Behaviour</u></p> <ul style="list-style-type: none"> - How to identify and understand the reasons for your child's challenging behaviours - How to support your child to regulate and express their feelings 	<p>Friday 18th June 10:00 – 11:00</p>	<p>https://www.eventbrite.co.uk/e/137789218261</p>

West Ham Lane Health Centre, 84 West Ham Lane, Stratford E15 4PT
 Appleby Health Centre, 63 Appleby Road, London E16 1LQ

We care

We respect

We are inclusive

<p><u>Sensory and Behaviour</u></p> <ul style="list-style-type: none"> - Exploring the reasons your child is seeking or avoiding sensory experiences - Strategies to support your child at certain times during the day, such as in the playground, during changes in routine, getting dressed. 	<p>Friday 25th June 13:30 – 14:30</p>	<p>https://www.eventbrite.co.uk/e/137790056769</p>
<p><u>The Importance of Play – Level 1</u></p> <ul style="list-style-type: none"> - For families to be shown and share some simple and everyday play activities that can support your child's learning, development and communication - For parents of children who are not yet using any words 	<p>Wednesday 14th July 13:30 – 14:30</p>	<p>https://www.eventbrite.co.uk/e/137926926149</p>
<p><u>Supporting your child's independence</u></p> <ul style="list-style-type: none"> - To support parents in understanding the importance of independence for their child. - For Families to learn new ways to encourage their child to be more independent in everyday tasks in the home. 	<p>Tuesday 14th September 13:30- 14:30</p>	<p>https://www.eventbrite.co.uk/e/137927132767</p>
<p><u>Using visuals to help communication</u></p> <ul style="list-style-type: none"> - Exploring how you can help your children express their needs and wants using visual support e.g. Core vocabulary boards 	<p>Monday 20th September 13:30 – 14:30</p>	<p>https://www.eventbrite.co.uk/e/137927329355</p>
<p><u>The Importance of Play – Level 2</u></p> <ul style="list-style-type: none"> - For families to be shown and share some simple and everyday play activities that can support your child's learning, development and communication - For parents of children who are using some words 	<p>Thursday 7th October 10:00 – 11:00</p>	<p>https://www.eventbrite.co.uk/e/137927505883</p>

Please feel free to come and share your experiences with the group. These sessions aim to increase your understanding of your child's strengths, behaviours and needs, as well as giving you helpful tips and strategies to try out.