

# Things that you can do at home: 9

*Here we have some more activities for you to try at home. Remember, there is no pressure to do any of these activities but we want to make sure you've got some ideas of things you can do! **Play and investigation are so important to children's learning; it really is the best way for children to learn.***

**If you don't have access to essentials such as paper and mark making tools we can supply you with a green book, pencils and crayons. Please let us know.**

Create a menu for today's meal; try and let your child contribute to the process. You could do this by drawing or writing what they will be having for the day. You could even get them to rate the meal so you get an idea of what dishes work well in the home.

Draw a picture to show the weather outside. Repeat this activity each day to show how the weather changes.

Make a training circuit around the house or garden. At each station, complete a different exercise for 30 seconds, for example; bunny hops, star jumps, lunges, stepping on and off a step. Then move on to the next.

Record your own video that teaches people how to wash their hands properly.

CBeebies have a playlist of their Bedtime Stories, in which people read popular children's books. Why not record your own version on a mobile device?

GoNoodle (accessible on youtube) has videos that teach your children different dance workouts. We use it in the nursery and the children love it! Why not have a go? This is a great

activity for listening and attention and getting little (and adult) bodies moving in a fun and interactive way.

Phonics learning: Teaching your child to read is one of the most wonderful gifts you will ever give them. Learning the basics of phonics (that is, the idea that letters make certain sounds), prepares kids for spelling and reading readiness.

Try activities that make learning phonics an adventure. Kids can play games (look for things that start with certain sounds), hunt for letters, make alphabet books, and even use a camera to bring their phonics lessons to life.

Re tell a traditional tale acting it out using toys. For example, The Three Little Pigs with Lego, Goldilocks and the Three Bears with soft toys. Make a poster or sell tickets to come and watch. Film it on a device and share with it with family.

Bath Time Writing. Give the child a scrubbing brush (or two) and some shower gel at bath time. Get them to scrub the tiles to make foam then mark make with their fingers.

Make a scrap book: It can be a variety of things, one page could be how many numbers you can find in an old paper, magazine or food wrappers and boxes.

Next it could be some different leaves you find in the garden, google the types of trees and add some labels on there.

You could cut out animals you find on food packaging, cereal boxes, magazines, leaflets.

