

Things that you can do at home: 3

There is absolutely no pressure to do these activities. These are on offer if you are looking for things to do with your child. Not all things will be appropriate for all children; think about your child's stage of development before you attempt anything.

Use boxes to make a mode of transport. E.g. aeroplane, bus, car, train etc. You can also sing along to some nursery rhyme related to the mode of transport, such as wheels on the bus.

Collect different sized objects and compare them with size and talk about length. Try using a measuring tape and check the measurements.

Pick up different leaves and flowers or any other natural things from outside. Use glue to stick them on a paper. Talk about the different way the items look and feel. Can the children draw their own leaves and flowers.

Magic Painting: Draw a picture with a wax candle on a piece of white paper. Next paint over your picture with paint. The paint will reveal the wax picture underneath!

Animal movements: You can do this indoors or outdoors, encourage your child to slither like a snake, hop like a frog, walk on all fours like a bear or gallop like a horse.

Use old fruit or veg to do some printing with paint. You can also use this opportunity to discuss healthy food options.

To get your child to help you cook or bake, e.g. making mini pizza's, making a sandwich and fruit kebabs.

Have a look at some family photos together and talk about those times with your children.

Children (and grownups) love making dens. Use bed sheets, chairs and other items around the home to make a cosy hideout. This is a perfect place to snuggle up and read a book.

Number Hunt- Hide different numbers around the house 1-5 to start with give them some simple clues to help them find the numbers. Now, can they find items that equal each of the numbers; five pencils, four pieces of lego, two apples.

How about making and playing with Moon Sand

- 8 cups flour (this can be halved for a smaller amount)
- 1 cup oil
- Food colouring (if required)

Mix ingredients together to form a crumbly but mouldable consistency you can add colouring if you want to either by using food colouring or by crumbling up chalk. You can add your child/children's favourite toys i.e. diggers, play people or even animals this all depends on your child's interests. Store in a air tight container when finished playing with, for more continuous hours of fun.

Talk to your child about butterflies! Here are some questions about the life cycle and movement ideas you can use with your child.

- Where do butterflies come from?
- They start off as a tiny little egg. Can your child scrunch up small like an egg?
- I wonder what will come out of the egg?
- A caterpillar comes out of the egg. Can your child wriggle on their tummy like a caterpillar?
- I wonder what will make the caterpillar grow big and strong? The caterpillar will need to eat lots of food to grow big and strong.
- What will happen next? The caterpillar will make a cocoon around its self and stay inside for more than two weeks! Can your child stand up tall with their arms wrapped around their body like a cocoon?
- I wonder what will come out of the cocoon? A beautiful butterfly pops out of the cocoon! what colours might you see on the butterfly? Can your child flap their arms and move around like a butterfly?

Links for hungry caterpillar story and butterfly movement song.

https://youtu.be/Lkza_tRINRE <https://youtu.be/75NQK-Sm1YY>