



THRIVE

At Home

A supportive workshop focused on giving parents practical strategies to encourage development through every day play.

Together we explore fun using simple activities that build strong foundations for future learning and development.



PRACTICAL STRATEGIES



EVERYDAY PLAY IDEAS



STRONG FOUNDATIONS



SUPPORT & CONNECTION



Date: Tuesday 7th April 2026



Time: 1pm - 2:15pm



Location: Rebecca Cheetham
Children's Centre
Marcus Street, E15 3JT

TO BOOK PLEASE CALL
02085343136

As this will be an interactive session,
children are welcome to attend.

