

Thank you for taking the time to look through our February Half Term Programme. Please note that you may be turned away if you arrive 30 minutes after the session start time. All sessions are subject to change. We look forward to seeing you and your little one/s soon.  
For further information please call the centre on: 0208 5343136 option 4 or visit our website: [www.rebeccacheetham.newham.sch.uk](http://www.rebeccacheetham.newham.sch.uk)

### ARE YOU SUFFERING FROM FINANCIAL HARDSHIP?

The Household Support Scheme is intended to alleviate hardship and support those most in need that have been affected by the significant rise in cost of living and are suffering financial hardship.

The Household Support Fund is designed to provide short-term urgent financial help to Newham residents who are struggling to afford household essentials such as buying food and paying for prepayment meter energy bills.

For more information, please speak to member of the Family Support Team at the centre.

### WHERE TO FIND US:

**Address:** Rebecca Cheetham Children's  
Centre  
Marcus Street, Stratford,  
E15 3JT

### REACH US:

**Telephone:** 0208 534 3135 option 4  
**Website:**  
[rebeccacheetham.newham.sch.uk](http://rebeccacheetham.newham.sch.uk)

### LET'S TALK PARENTING WORKSHOP!

Join the Family Support Team to talk through some of your parenting challenges and gain tips and guidance on how to deal with stressful moments.

**Wednesday 18<sup>th</sup> February -  
9:30am-10:30am**

### LEARNING BAGS & BABY SENSORY BAGS

Speak to a member of the team to find out more about how to borrow free home learning Bags for **FREE** for you to use at home with your child.



REGISTER WITH THE  
CHILDREN'S CENTRE



We are a distributing site for  
**Healthy Start Vitamins**  
Mon-Fri:  
9:00am-12:00pm  
& 1:30pm-4:00pm



### Speech and Language Support - Under 5's



**Every Tuesday from 12:30-2.30pm**

Do you have questions about your child's talking?

We can talk about any concerns you have and offer you advice to support your child's communication.

To book an appointment to speak to a Speech and Language Therapist, email [familyhub@newham.gov.uk](mailto:familyhub@newham.gov.uk) or call us on **020 3373 2555**

[newham.gov.uk/familyhubnetwork](http://newham.gov.uk/familyhubnetwork)

**WE ARE NEWHAM.**

# February Half Term Programme

Rebecca Cheetham Children's Centre



Newham London

Monday 16 <sup>th</sup> February	Tuesday 17 <sup>th</sup> February	Wednesday 18 <sup>th</sup> February	Thursday 19 <sup>th</sup> February	Friday 20 <sup>th</sup> February
<p><b>Stay and Play</b> Physical Development (Rebecca Cheetham) <b>0-8 years</b> 10:00am-11:30am <b>Drop in</b></p> <p>A fun interactive session for parent/ carers with children under 5 and siblings.</p>	<p><b>Educational Visit</b> Understanding of the World (Mudchute Park &amp; Farm) <b>0-5 years</b> 10:00am-2:00pm <b>Booking required</b></p> <p>Mudchute Farm is a fantastic destination for families, animal lovers, and anyone looking to escape city life and enjoy some time in nature.</p>	<p><b>Coffee Morning</b> Networking &amp; Social interactions (Rebecca Cheetham) <b>0-5 years</b> 9:30am-10:30am <b>Drop in</b></p>	<p><b>Baby Stay and Play</b> Stimulating Senses (Rebecca Cheetham) <b>0-12 months</b> 10:00am-11:30am <b>Drop in</b></p> <p>A fun interactive session for parent/ carers with babies. Non walkers are welcome.</p>	<p><b>Stay and Play</b> Expressive Art &amp; Design (Rebecca Cheetham) <b>0-5 years</b> 10:00am-11:30am <b>Drop in</b></p> <p>A fun interactive session for parent/ carers with children under 5.</p>
<p><b>Baby Singing</b> Communication and Language (Rebecca Cheetham) <b>0-12 months</b> 1:30pm-2:30pm <b>Drop in</b></p> <p>A focused session to support language and communication for babies.</p>	<p><b>Family Play</b> Personal, Social, Emotional Development (Rebecca Cheetham) <b>Whole family</b> 1:00pm-2:30pm <b>Invitation only</b></p> <p>This session has been carefully planned by the Family Support Team to support a session for the whole family.</p> <p>For more information, please call the centre and speak with a member of the Family Support Team.</p>	<p>Come along and join us for a warm drink in a relaxed environment whilst your child plays.</p> <p>The Family Support Team will also be holding a workshop where you can gain tips and strategies around parenting.</p>	<p><b>Stay and Play</b> Overall Play Development (Rebecca Cheetham) <b>0-5 years</b> 1:00pm-2:30pm <b>Drop in</b></p> <p>A fun interactive session for parent/ carers with children under 5.</p>	<p><b>Stay and Play</b> Literacy &amp; Mathematics (Rebecca Cheetham) <b>0-8 years</b> 1:00pm-2:30pm <b>Drop in</b></p> <p>A fun interactive session for parent/ carers with children under 5 and siblings.</p>