



Citizens Advice East End (Newham)

We provide free, confidential and independent advice to help people overcome their problems. We are a voice for our clients and consumers on the issues that matter to them.

We value diversity, champion equality, and challenge discrimination and harassment.

How to Get the Advice You Need


- Employment rights advice
- Money / Debt advice
- Welfare benefits advice (including Universal Credit)
- Family matters
- Housing
- Immigration (Level 1)
- Charity applications
- Form filling
- Energy advice
- Cost of living advice

Appointments are available for parents/carers living in Newham.

We offer 1-hour pre-booked sessions at Kay Rowe Children's Centre

Friday from 9:30 am – 12:30 pm.

How to Book an Appointment

 **Call: 0203 880 2492**

Please leave a **brief voice message** with your **name** and **phone number**.

We will call you back to **confirm your appointment**.

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