



HEALTH PROMOTION TOILET TRAINING WORKSHOP



LEAD BY NEWHAM HEALTH VISTOR

DATE : THURSDAY 15TH JANUARY 2026

TIME: 1:30PM - 2:00PM

TO BOOK ON PLEASE CALL

020 8534 3136

☀️ **What we'll cover:**

- Signs your child is ready
- How to start toilet training
- Managing accidents and setbacks
- Daytime, night time & nap-time tips
- Toilet training at home & childcare
- Common worries and myth-busting
- When to seek extra support