

February

2020

Rebecca

Cheetham Nursery

NEWSLETTER



Nursery Opening Times

Extended day
8.00am to 5.50pm

Morning place
8.45am to 11.45am

Afternoon place
12.30pm to 3.30pm

Charges apply for late collections.

Attendance and Punctuality

NURSERY TOTAL:

91.2%

We take attendance and punctuality very seriously and it is proven that constant absence can be a major disruption to your child's development.

If your child will not be attending nursery, it is essential you contact us on the day and fill in an absence slip on their return to nursery.

We reward children who have 100% attendance at the end of each month. Will your child's name be featured on our poster?

Our 100% attendance children can be found further in the newsletter. We are excited at the great number of children who achieved 100%!

Book prizes are given at the end of the academic year to those children who have fantastic attendance results.

A warm welcome to our February Newsletter

Dear parents/carers,

We have had a busy return to school after the Christmas break with the wonderful opportunity of the Educational Visit to the London Transport Museum and with more fun things on the horizon in February.

We have all felt saddened and helpless with the news of the Australian bushfires and this is certainly a story that really hits hard for me, being an Australian who lives so far away from home. I have had lots of conversations with parents about the fires and the devastation caused and one parent in particular was keen that we, as a school community, do something about it. You would have already received information about our **Bushfire Appeal** and gofundraise campaign and I urge you to get on board and help us in this mission. A huge thank you to Cleo, Jeffers Room parent, for her determination that we do something to help and looking over everything before sending it out. It is also important that the children are aware of things that are happening in the world around them and I thank the staff for dealing with this topic sensitively and the children for producing some wonderful art work. Here's the fundraising link: <https://fundraisingatwork.gofundraise.com.au/page/RCFireFighters>

We have our next **Parent Forum** workshop on **Friday 14th February 2020** on **Wellbeing**. This is a great opportunity to find out what we do at Rebecca Cheetham to support your children's wellbeing and what you can do to nurture your own wellbeing. Make sure you sign in at the front office to reserve your space. Sessions will be running at **9am** and **12.45pm**.

We are also super excited to welcome grandparents or special people in your child's life at our next **School Of Family** event for

Valentine's Day. Again, you should have all the information but we will have sessions at 10.15am (for AM children) and 2pm (for PM children). Extended Day and 30 hours can attend either session. It is essential to book a space as we have to limit the amount of additional people in the provision. Please make every effort to join us.

It is a joy to hear the children talking excitedly before and after their **Forest School** visits. It really is a wonderful opportunity for children and adults to touch base and reconnect with nature. Our goal is to ensure that all children who attend Rebecca Cheetham will have had an opportunity to join in the programme. We head out regardless of the weather and actually, it's important also for children to experience different types of weather; they can see how nature and the world around us changes as a result. Please remember that being outside, even when it is cold, is not what makes a child sick. We actively encourage **parent volunteers** so we look forward to you joining us when the time comes.

A reminder that the **last day** for all term time nursery and Children's Centre children and families will be **Friday 14th February 2020**. Nursery and normal Children's Centre activities recommence again on **Monday 24th February 2020**.

Finally, come and admire our wonderful trophy from the TFL Stars for being **School of Excellence champion**. Well done to Mandy and our school community for their efforts in this.



MOVE IT TO MUSIC

At Abbey Lane

A fun and interactive session for Mum's, Dad's, Carers and family members!
Get active through music and dance for children over 12 months.

Every Thursday (Term time only)
10am—11am



A Hug in a Mug / Clothing Exchange

Come and join us for our next **Coffee Morning** which is taking place on **Wednesday 5th February 2020**.

Grab a warm drink in a relaxed, friendly environment meeting other families in our Stratford and West Ham Community Neighbourhood.

We will be running our **Clothing Exchange** alongside this so why not have a rummage and grab yourself a bargain as all second hand, like new clothes are absolutely FREE for you to take.

If you wish to make a donation please speak to the front office or member of the Children's Centre team.

Coffee Morning—8:45am—9:45am
Clothing Exchange—8:45am and 3:30pm

Block Play

As part of the Newham Early Years Conference 2020 there was a raffle. Our Family Support Worker, Lina was one of the lucky ticket holders and we won a set of Community Play Things building blocks. Our new building block will be available at all of our sessions taking place at Rebecca Cheetham.

Don't forget our Children's Centre sessions taking place over half term. Collect a copy from the front office.

Half Term Programme

Monday 17 th February 2020	Tuesday 18 th February 2020	Wednesday 19 th February 2020	Thursday 20 th February 2020	Friday 21 st February 2020
<p>Stay and Play 10:00am - 11.30am Abbey Lane 0-5 years</p> <p>A fun and interactive session for mums, dads, carers and family members with children.</p>	<p>Play Day 10:00am - 3:00pm Rebecca Cheetham 0-5 years</p> <p>Open all day for you to drop in and play. Please bring a healthy packed lunch for you and your child to share together.</p>	<p>Educational Visit 10:00am - 1:00pm Cookies Island 18 months - 5 years</p> <p>Please call up to book your space on 02085343136.</p> <p>This event has a charge.</p>	<p>Exploring Our Five Senses 10:00am - 12:00pm Rebecca Cheetham 0-2 Years</p> <p>Exploring babies and toddlers 5 senses through play.</p>	<p>Messy Play 10:00am - 11.30am Abbey Lane 0 - 5 Years</p> <p>Explore many different activities including sand, water, play dough, painting and many more. Dress to get messy!</p>
	<p>Singing and Storytelling 10:00am - 11 :00am Stratford Library 0-5 years</p> <p>Come along and enjoy singing nursery rhymes and other fun songs together.</p>	<p>Please remember to bring your Oyster Cards on the visit.</p>	<p>Educational Visit 10:00pm - 2:00pm Mudchute Farm 0 - 5 years</p> <p>Please call up to book your space on 02085343136. Please remember to bring your Oyster Cards on the visit.</p>	<p>Block Play 1.30pm - 3:00pm Rebecca Cheetham 0 - 5 Years</p> <p>Get creative with different types of blocks and learn the importance of block play in your child's learning.</p>



Come along and find out how to support your child to transition from bottle to cup. Share experiences and gain ideas

Date: Tuesday 25th February 2020
Time: 12.45-2.45pm
Venue: Rebecca Cheetham Children's Centre, Marcus Street, London, E15 3JT
Crèches Provided



If you would like to gain more information or would like to book onto this workshop then please don't hesitate to call us on **0208 534 3136 opt 4.**



From the National Literacy Trust

Mental wellbeing, reading and writing explores the relationship between children's mental wellbeing and their reading and writing enjoyment, attitudes and behaviours.

The report is based on findings from our eighth Annual Literacy Survey of 49,047 children and young people aged 8 to 18 in the UK.

As this is the first time we have explored the link between reading, writing and mental wellbeing, we developed two new measures to enable us to better understand these relationships:

- **Mental Wellbeing Index:** we quantified children's responses to questions on life satisfaction, coping skills and self-belief on a scale of 1 to 10, where 10 is the highest level of mental wellbeing.
- **Literacy engagement score:** we quantified children's responses to questions on how much they enjoy reading and writing, how often they read and write outside school, what they think about reading and writing, and how good children think they are at reading and writing. Scores were then given out of a total of 52, where 52 is the highest level of engagement with literacy practices.

Our analysis found that:

- Children and young people who are the most engaged with literacy have better mental wellbeing than their peers who are the least engaged (Mental Wellbeing Index scores of 7.9/10 vs 6.6/10)
- Children who are the most engaged with literacy are three times more likely to have higher levels of mental wellbeing than children who are the least engaged (39.4% vs 11.8%)
- Conversely, children who are the least engaged with literacy are twice as likely to have low levels of mental wellbeing than their peers who are the most engaged (37.4% vs 15%)
- Children with above expected reading skills are three times more likely to have high levels of mental wellbeing than their peers with below expected reading skills (40.3% vs 13.1%)
- As children transition from primary to secondary school, their levels of literacy engagement and mental wellbeing both begin and continue to decline
- Boys who are the most engaged with literacy have higher levels of mental wellbeing than girls who are equally engaged (Mental Wellbeing Index scores of 8.1/10 vs 7.6/10)

The report also includes new analysis from University College London which shows an enduring relationship between mental health and verbal scores, with those who have low verbal ability having worse mental health outcomes than those with higher verbal ability. This finding is true when one considers children from the 1970 British Cohort Study as well as children from the more recent Millennium Cohort Study.

Thank you once again to our wonderful entrants in our 'Bling my ride' event. They have now received their prizes and we hope that they understand how valuable their contribution was to setting an example to us all on the importance of getting healthy and saving the environment by using their feet to get to nursery. Well done once again!

We encourage you all to 'bling your ride' and come in and show us your fantastic efforts.



Children who achieved 100% attendance

Leila	Jamael	Rehan	Falgun	Cairo W
Tayla	Liam	Romeo	Samuele	Delilah
Martha	George	Robin	Milan	Idris
Bella	Natalia-Maria	Daydad	Adam	Gloria
Ava	Alma	Brodie	Simon	Arla
Arash	Zayaan	Aliana	Anahita	
William	Imaan	Alexander	Jude	
Elyjah	Qaylah	Zion	Evelyn	
Rio	Blake	Benedict	Ariella	
Jeremiah	Jake	Lianaya		
Jack	Emma	Annabelle		



Will your child's name appear here? **It's easy!**

Come to nursery every day!

"Research has shown that attending early years education and care can help to improve children's outcomes and narrow the gap associated with socio-economic disadvantage. The UK government, as well as other governments overseas, have consequently made large increases in the number of free hours of early years education available to parents of pre-school children, particularly among disadvantaged groups."

<http://www.nuffieldfoundation.org/impact-nursery-attendance-childrens-outcomes>

Who is Donaldson?

Julia Donaldson CBE, is an English writer, playwright and performer, and the 2011–2013 Children's Laureate. She is best known for her popular rhyming stories for children, especially those illustrated by Axel Scheffler, which include *The Gruffalo*, *Room on the Broom* and *Stick Man*. She originally wrote songs for children's television but has concentrated on writing books since the words of one of her songs, "A Squash and a Squeeze", were made into a children's book in 1993. She remains one of England's most prominent and popular children's authors.

A Squash and a Squeeze

Tiddler

The Snail and the Whale

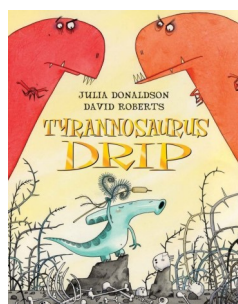
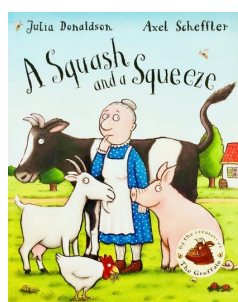
Detective Dog

The Highway Rat

What The Ladybird Heard

Tyrannosaurus Drip

Zog

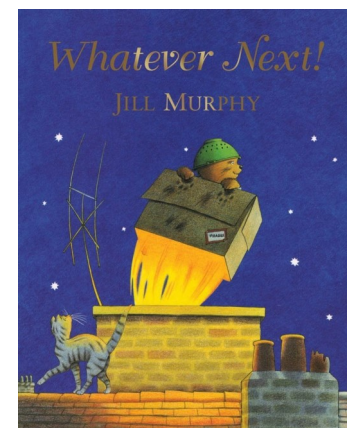
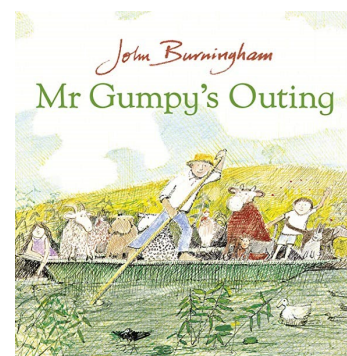


What we are reading in Nursery

We use books to open up a world of learning for our children. The core books we use, relate to children's interests and we feed that through the breadth of activities we offer within the provision. We also think that using books as the base for our learning helps children love reading on a deeper level which we hope they will keep with them throughout their education.

If you have an opportunity to share these books with your children, it will offer even more learning opportunities between the nursery and home. Next half term we will be exploring the topic of growth.

If your child loves a particular book why not tell us about it in the "What I Did" book; we'd love to hear your feedback!



WHERE THE WILD THINGS ARE



STORY AND PICTURES BY MAURICE SENDAK

Important Dates

February

Wednesday 5th February—Hug in a mug 8:45-9:45

Wednesday 5th February—Clothes Exchange 8:45-9:45

Friday 14th February—Parent Forum on Wellbeing 9am and 12:45pm

Friday 14th February—School of Family—Valentines Day edition. 10:15—11:15 or 2:00—3:00

Monday 17th February to Friday 21st February—Half term, Nursery is closed to all government funded children.

March

Wednesday 4th March—Hug in a mug 8:45—9:45

Wednesday 4th March—Clothes Exchange 8:45—9:45

Thursday 5th March—School of Family

Thursday 5th March—World Book day

Monday 9th March—Parent Forum on Maths 9am and 12:45pm

Monday 30th March—Friday 3rd April—Parent Consultations.

Don't forget to check your Childcare Choices account to ensure you have re-registered your child's 30 hour funding for next term.



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