# October 2019

# Rebecca Cheetham Nursery NEWSLETTER



### A warm welcome to our October Newsletter

Dear parents/carers,

As you know, we have just had our full **Ofsted Inspection** on the **2nd and 3rd Octo-**

ber. We would like to say thank you to all those parents who respond to the Parent View Ofsted survey. Your responses help to make a difference. At this stage we are unable to inform you of Ofsted's judgements as the report is going through a Quality Assurance process. Rest assured that parents/carers will be the first people to receive the report; after all, this is the school provision for <a href="your child!">your child!</a> Also know that regardless of the Ofsted judgement we receive, we will always be looking at improving and making sure this is the best possible school and children's centre we can be.

I also want to apologise to all the parents/ carers who came along to our four o'clock offer of the Information Session. Due to the inspection we had to cancel the session which was something that I absolutely did not want to do, but due to circumstances out of my control it was necessary. I will offer a condensed version of this session at the 4.30pm time to go along with the next Parent Forum so no one feels like they missed out.

Speaking of **Parent Forum**, our next one will be on **Primary School Applications** and is an extremely popular one. If your child turns four (4) before 31st August 2020, they will be moving on to primary school so I strongly urge you to attend one of these sessions. I will go through everything you need to know to make the best decision in regards to your child's next stage of their educational journey.

This Parent Forum will be on Wednesday 16th October 2019 at 9am, 12.45 and 4.30pm.

We have had some queries about bringing in

water bottles into the nursery to

monitor your child's water intake. We **do** 

**not** encourage parents to do this. Experience tells us that children misplace the bottles, children may drink from each other's bottles and staff are not able to monitor the above whilst still making sure they are interacting and observing your child's learning. We do offer water within the provision and it offers another learning opportunity for the children, in taking a cup and using a water jug to pour the water. Children also learn to clear away after themselves as well. I trust you understand that this is the best way forward in this matter.

It is also important to remind all parents of

our wonderful **outdoor provision** which offers your children so many fantastic opportunities to develop their physical abilities. Children are able to utilise the outdoor provision whenever they like and in whatever weather, obviously wearing appropriate clothing. Children playing in the rain, getting dirty in the mud kitchen or playing with the water fountain are all extremely valuable sensory experiences that your child can learn so much from and we actively encourage this at the nursery. The Parent Agreement form that was signed and the Handbook provided to you at the Home Visit would have offered you this detail. We encourage you to actively support us in this endeavour; it's very im-

Please remember to bring in a change of clothes and make sure your child is dressed in weather appropriate clothing.

portant.

## Nursery Opening Times

Extended day 8.00am to 5.50pm

Morning place 8.45am to 11.45am

Afternoon place 12.30pm to 3.30pm

Charges apply for late collections.

Attendance and Punctuality

**NURSERY TOTAL:** 

92.9%

We take attendance and punctuality very seriously and it is proven that constant absence can be a major disruption to your child's development.

If your child will not be attending nursery, it is essential you contact us on the day and fill in an absence slip on their return to nursery.

We reward children who have 100% attendance at the end of each month. Will your child's name be featured on our poster?

Our 100% attendance children can be found further in the newsletter. We are excited at the great number of children who achieved 100%!

Book prizes are given at the end of the academic year to those children who have fantastic attendance results.

### Children's Centre

### Our October - December Activity Calendar is available now!

Remember to collect a copy from the front office.

We are taking bookings for our parent workshops. For more information or to secure a space please speak to a member of staff.



### **Fundraising Coffee Morning**

We would like to say a HUGE thank you to everyone who came along to our Fundraising Coffee Morning on 2nd October 2019.

We raised a fantastic total of £79.50 for Great Ormond Street Hospital—Our cakes sold out!

Members of Rebecca Cheetham staff will be taking part in a 5k run—Our target was to raise £1,000 and now with this additional fundraising we have now exceeded this target!!

If you weren't able to come along to the coffee morning but would like to make a donation towards this great cause please follow the link below to our just giving page:

https://www.justgiving.com/fundraising/thecheetham-cheetahs

### **Bedtime Routine Workshop**

Come along to our workshop for positive parenting tips and strategies to help you develop a good bed-time routine.

Booking required. Crèche provided
Rebecca Cheetham: Tuesday 15th October
12:45pm-2:45pm

### **NEW**

### **Making Time For Me**

This workshop is created to support parents / carers to explore ways in which they make time for themselves.

The workshop will also help you to focus on mindfulness which promotes paying attention to purpose in the present moment.

Booking required. Crèche provided Rebecca Cheetham: Tuesday 29th October 12:45pm-2:45pm

### Health Visitor—Health Promotion

There are three health promotion drop in sessions taking place between now and December.

A Health Visitor will be available to speak to about the focus topics below but also any health related queries that you may have regarding your child and their development.

Please bring your child's red health book.

Thursday 17th October —Weaning Workshop
Thursday 21st November—Antenatal Workshop
Thursday 19th December— School Readiness
10:30am—11:30am

### **Baby Massage and Baby Yoga**

Learn simple techniques to relax and bond with your baby during our Baby Massage course .

(For babies 6 weeks to mobile)

Baby Yoga leads on perfectly from massage, promoting the life long bond between parent and infant .

(For babies 16 weeks to mobile)

**Baby Yoga:** Commencing 16th October **Baby Massage:** Commencing 20th November

Booking required. Five week course 1:00pm—2:00pm

# Be Active coming to nursery and take advantage of our new BIKE SHELTER!



We are very excited to open our new bike and scooter shelter which is being built as I type this newsletter. We are encouraging all of you to think of different ways to come to school and ditching the car in the process. We would love to reduce the amount of cars entering the court leading up to the school to improve the quality of the air and to enhance the safety of the children. Being active on your journey to school also means you are doing great things to your body and mind and sending positive messages to your children!

Every little bit helps and using your feet and legs instead of the car to get to school can be those exciting first steps to really making a difference. We are looking forward to hearing what you think of our new Bike Shelter when it's open for business!

### **Parent Wellbeing Champion**

We are on the lookout for one of our amazing parents to work together with members of our team on supporting wellbeing across the school and the children's centre. This person will be know as our *Parent*Wellbeing Champion. A Wellbeing Champion is someone that champions emotional wellbeing and positive mental health within the school setting and wider community.

Some of the qualities we are looking for:

- Be a positive role model
- Promote a healthy lifestyle
- Discuss ideas for wellbeing events
- Reducing the stigma around mental health
- Encourage people to talk and share
- Be someone that can listen, support people and ask for help

Speak to Mandy or a member of the office team to express your interest and to find out more.

### READING PASSPORT

Make sure you pick up a Reading Passport and make an effort to take some additional reading books home to read to your child. Remember that the more books you borrow, the more opportunities you will have to receive some book prizes for your efforts. See Rio at the front office for more info.



### Children who achieved 100% attendance

Will your child's name appear here?

It's easy!

Come to nursery every day!

### **Attendance**

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"Research has shown that attending early years education and care can help to improve children's outcomes and narrow the gap associated with socio-economic disadvantage. The UK government, as well as other governments overseas, have consequently made large increases in the number of free hours of early years education available to parents of preschool children, particularly among disadvantaged groups."

http://www.nuffieldfoundation.org/impact -nursery-attendance-childrens-outcomes

### Who is Jeffers?

Oliver Jeffers is an artist, designer, illustrator and writer from Northern Ireland.

From figurative painting, collage and installation to illustration and award winning picture-books, Oliver Jeffers practice takes many forms.

In his picture books Jeffers explores such themes as friendship, independence and imagination, rendered in a childlike, almost poetic style with humour and empathy. The first books were painted in watercolour, but Jeffers has also used acrylics and even Dulux house paints.

We love Oliver Jeffers here at Rebecca Cheetham and we can recommend these wonderful books to you so you and your child can love him too!

How To Catch a Star

The Day The Crayons Quit

Lost and Found

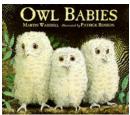
The Way Back Home

Up and Down

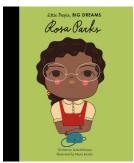
Stuck

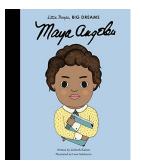


### What we are reading in Nursery









We use books to open up a world of learning for our children. The core books we use, relate to children's interests and we feed that through the breadth of activities we offer within the provision. We also think that using books as the base for our learning helps children love reading on a deeper level which we hope they will keep with them throughout their education.

If you have an opportunity to share these books with your children, it will offer even more learning opportunities between the nursery and home. Next half term we will be exploring the topic of growth.

If your child loves a particular book why not tell us about it in the "What I Did" book; we'd love to hear your feedback!



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### **Important Dates**

#### October

### OCTOBER IS BLACK HISTORY MONTH

Tuesday 8th October—FE2 Parent Workshop - Outdoor Play

**Tuesday 15th October**—Bedtime Route Workshop 12.45pm—2.45pm

Wednesday 16th October—Primary School Applications Parent Forum 9am, 12.45pm & 4.30pm

Wednesday 16th October—Baby Yoga 1pm-2pm

Friday 18th October—Last Day of Autumn Term 1

Monday 28th October—Children return for the start of Autumn Term 2

Tuesday 29th October—Making Time For me Workshop 12.45pm-2.45pm



Download our app.

#### November

Monday 4th November—The start of the School of Family Week Activities

Friday 8th November—Last day of School of Family Week Activities





Like us on Facebook



Follow us on Twitter



Don't forget to check your Childcare Choices account to ensure you have reregistered your child's 30 hour funding for next term.