

# FEBRUARY 2026

## Rebecca Cheetham Nursery and Children's Centre NEWSLETTER



Dear Parents/Carers,

We have had a super busy January with so many wonderful things that have happened and lots of exciting things to come.

### PARENT FORUM

**Next date: Monday 2nd February**

**TOPIC: The Power of Home Languages 10:30 - 11:45am or 2:30 - 3:45pm**

<https://www.rebeccacheetham.newham.sch.uk/attachments/download.asp?file=1010&type=pdf>

This session will be run by an external expert on multilingualism and will be a wonderful session. Sign up at the front office to secure your place to the above session.

*We will also be running a second Parent Forum session in February.*

**Thursday 12th February**

**TOPIC: Wellbeing and the School of Family 9am and 1pm**

This session will focus on parent and child wellbeing and will follow with an opportunity to spend time in the provision with your child afterwards.

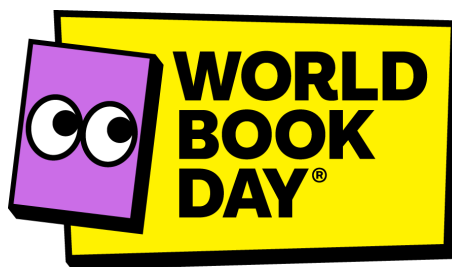
Please book at the front office.

### WORLD BOOK DAY

We love books and we love reading at Rebecca Cheetham and the whole idea of getting lost inside a book. Dressing up can be a wonderful way for children to improve their language and communication skills as well as their role play development amongst other things. But it shouldn't come at a financial cost to you! We can help here and we will be offering three free costume making sessions at Rebecca Cheetham where we will provide all the resources you need to make a costume and you just need to turn up and bring your creative and imaginative ideas and get busy! The three dates are: **Tuesday 24th 9-10:30am, Thursday 26th and Friday 27th February 9-10:30am.**

Please don't buy a costume for World Book Day. We would rather you spent your money on books!

We will also have a whole range of activities and book prizes to give to the children. Look out for the World Book Day free book tokens which we will be giving to the children as well.



#### Nursery Opening Times

Extended day  
8:00am to 5:00pm  
Or  
8:00am to 6:00pm

30 Hours  
8:45am to 2:45pm

Morning place  
8:45am to 11:45pm

Afternoon place  
12:45pm to 3:45pm

Charges apply for late collections.

### Attendance and Punctuality

We take attendance and punctuality very seriously and it is proven that constant absence can be a major disruption to your child's development.

Research has shown that attending early years education and care can help to improve children's outcomes and narrow the gap associated with socio-economic disadvantage. <http://www.nuffieldfoundation.org/impact-nursery-attendance-childrens-outcomes>

If your child will not be attending nursery, it is essential you contact us



Like us on  
Facebook



Follow us on  
Twitter  
@RCNCC15

## Meet Our Parent Partnership Group

We are pleased to introduce our Parent Partnership Group, a team dedicated to supporting our school community and strengthening the connection between families and the school. Tamara and Mubeena work closely with the group to help foster a welcoming and collaborative environment.



L-R: Tommi, Vicki, Mubeena, Tamara, Alyson

If you have any questions or would like to get involved, please feel free to reach out to anyone from the group. We look forward to a wonderful year of collaboration!

## RIGHTS CHAMPIONS CHARITY INITIATIVE

The children have been actively engaged in understanding their rights and the rights of others and part of their social awareness has led to them working on finding solutions to big problems, like some families not having enough money to pay for food. The children, alongside the adults at Rebecca Cheetham led the way to fundraise and then went to the local supermarket to purchase non-perishable items in order to donate to the local food bank at the Salvation Army. The initiative concluded with those children in our Right's Respecting group to go to the Salvation Army Food Bank to donate the goods and get a first hand look at what happens with the donations.

We are so thrilled to be able to teach children about social enterprise; little children involved in big changes in the world.





# Children's Centre

**Reminder:** Our Children's Centre is open during school holidays! Keep a look out for our February Half Term Program. Once finalized this will be posted on our website and social media pages!

## FAMILY SUPPORT

AT REBECCA CHEETHAM CHILDRENS CENTRE



As Family Support Workers we are here to support you and your family. We listen without judgment, take time to understand your situation and work alongside you to find solutions that fit your family's needs.

We offer practical help, emotional support and guidance. We can connect you with services and resources when needed. Our goal is to help you feel confident, supported and empowered so you don't have to face challenges alone.



### SUPPORT

- Parenting Advice
- Housing Advice
- Mental Health
- Domestic Abuse
- Financial/Benefit Advice
- Health and Wellbeing Advice
- Employment Support
- Education Support
- Community Engagement
- Drug and Alcohol Advice
- Early Help Support Plans
- Advocacy
- Safety Planning



### WHO WE WORK WITH

We will work with you alongside; health visitors, schools, nurseries, housing and any other service you are accessing. You can ask a professional to make a referral on your behalf through Newham MASH

### GETTING SUPPORT

Speak with a member of the family support team by calling us on **02085343136** or visiting us at our centre.

You can also use the QR code above to make a self-referral and we would be happy to help



## Are you suffering from financial hardship?

The Household Support Scheme is intended to alleviate hardship and support those most in need that have been affected by the significant rise in cost of living and are suffering financial hardship.

The Household Support Fund is designed to provide short-term urgent financial help to Newham residents who are struggling to afford household essentials such as buying food and paying for prepayment meter energy bills.

## Dad's Nailing It

### FATHER'S GROUP



**Every Monday**  
**10:00am- 11:30am**



## Speech and Language Support - Under 5's



**Every Tuesday from 12:30-2.30pm**

Do you have questions about your child's talking?

We can talk about any concerns you have and offer you advice to support your child's communication.

To book an appointment to speak to a Speech and Language Therapist, email [familyhub@newham.gov.uk](mailto:familyhub@newham.gov.uk) or call us on **020 3373 2555**

[newham.gov.uk/familyhubnetwork](http://newham.gov.uk/familyhubnetwork)

WE ARE NEWHAM.

Should you require Family Support please come along to one of our Drop in Sessions

**Wednesday's and Fri-**

## Health Promotion

Come and join a Health Visiting Health Care Practitioner for one of our advisory sessions

Our next session is taking place on

**Healthy Lifestyle and Weaning**

**Thursday 19th February**



## Little Voices, Big Talk



To register, scan QR code or click here.

### The power of picture books to grow conversations

A four week guided course to help you support your child's development and give them the best start in life.

Did you know every conversation with your child helps build their brain?

All you need is you and a picture book!

### More than just reading a book

- ✓ Share closeness and fun
- ✓ No need to finish the book or read the words
- ✓ Use the pictures to spark conversation
- ✓ Conversations can start even before your child is talking - we'll show you how!

## BOOK OF THE MONTH: *Clean Up*

Book of the month link: [RC Book revision Clean up!.docx](#)

We are very excited to share another Nathan Bryon and Dapo Adeola picture story book featuring the fabulous Rocket which works perfectly with our theme of sustainability this term, *Clean Up!*

“Join Rocket as she sets sail on a brand new mission – to save a Caribbean beach from plastic pollution! When Rocket goes on holiday to visit her grandparents, she’s shocked by the pollution that’s spoiling their island home and putting the local sea life at risk. Can she think of a way to save the day and bring the community together?”

Please have a look at the resources we provide for this book and access some of the fun and engaging activities we suggest. Please click the link above for more information.



## WINTER COAT DRIVE

We are thrilled to share the success of our recent coat drive, which not only supported families in need but also helped promote sustainability within our nursery community. By donating pre-loved coats, hats, and gloves, our families and staff gave these items a second life, reducing waste and helping us care for our planet. Thanks to your generosity, many warm winter essentials have been reused rather than discarded, making a meaningful difference both environmentally and within our wider community. We are so proud of the thoughtful, eco-friendly spirit shown by everyone involved. Thank you for helping us spread warmth while supporting a more sustainable future!



## FRED – Fathers Reading Every Day

We are excited to launch FRED (Fathers Reading Every Day) on 5 February! This fun and engaging programme invites all male figures in your child’s life to take part in special reading time with their child.

You will receive a booklet filled with opportunities to read together and create your own stories. It’s a wonderful way to build memories, support your child’s love of reading, and enjoy quality time together. Once you have completed the booklet, simply scan the QR code to receive a certificate and a special prize as a thank you for taking part.

We can’t wait to see the amazing stories you create together!

## BUGGY PARK USE

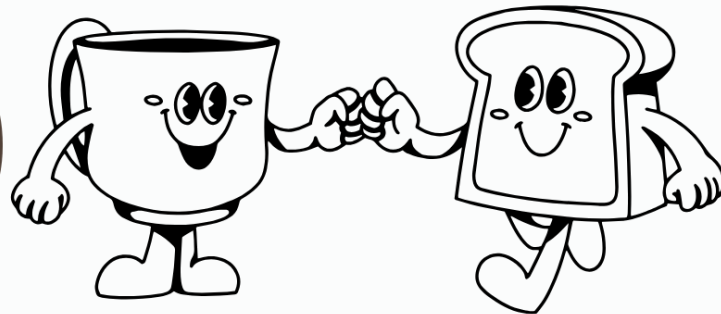
You are more than welcome to use the buggy park but we urge you to fold the buggies down as we have situations during the day where there are so many buggies for our Children’s Centre stay and play sessions that they are causing a health and safety issue. Please, we kindly ask for your support in this matter.





# LET'S TALK PARENTING!

ALONGSIDE  
COFFEE  
MORNING



Grab a coffee and join the **Family Support Team** for a relaxed catch-up, along with other parents where we will be hosting a workshop on Parenting.

It's a great chance to share experiences, ask questions, talk through some of your parenting challenges in a friendly space and pick up some practical tips and guidance to deal with stressful moments.

**Wednesday 18<sup>th</sup> February 2026**

9:30am-10:30am

at

Rebecca Cheetham Children's Centre  
Marcus Street, Stratford, E15 3JT

Children aged  
0-5years old  
are able  
to attend

Call us on **02085343136**  
to book your space





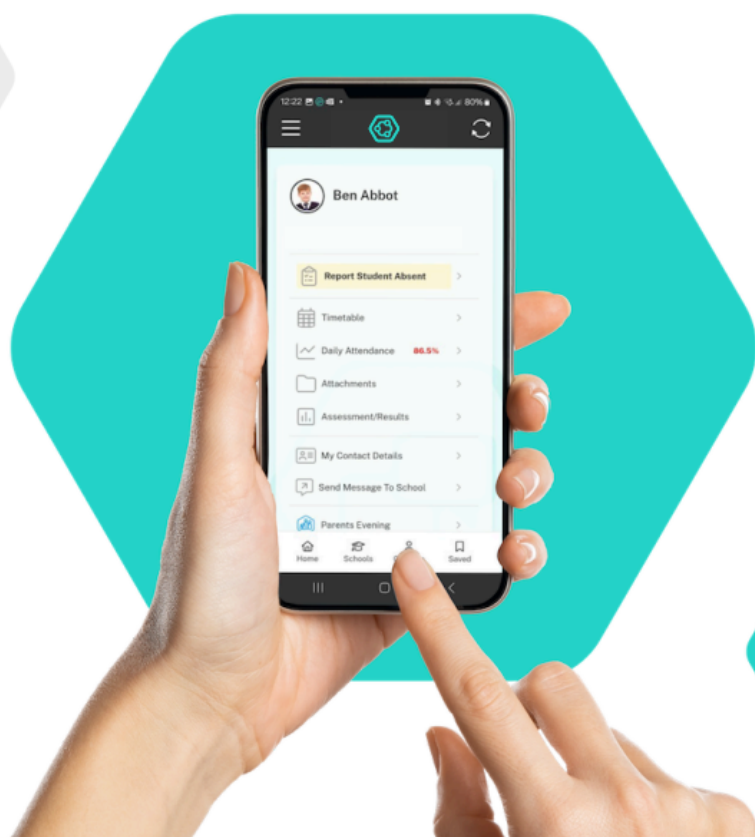
# Eduspot

## Download the app to stay **in the loop**

The Eduspot mobile app enables you to keep up with messages from school, with a personalised timeline of all your children's school activities and updates. **Download the app today!**



Scan here to  
learn more!



# Parent Forum

## Wellbeing plus



We are very pleased to offer our next PARENT FORUM session for the school year. This session focuses on wellbeing; how we can take care of our mental health and wellbeing and the direct correlation that it has on our children and the relationships we have with those around us.



After the session, we are very pleased to welcome you into the provision to enjoy some Valentine's Day themed activities with your child.



**Rebecca Cheetham  
Nursery School**

**Thursday 12th February**

**9:00am** Face-to-face

**1:00pm** Face-to-face

(Call to book a space)

This month our sessions are both face-to-face as we are offering the opportunity to play with your child in the nursery provision.



# ***The Power of Home Languages***

Find out how best to use home languages to help your child thrive in education.

Rebecca Cheetham  
and Children's



Sign up at the Front Office

**2nd February 2026**

**10:30 - 11:00am Stay and Play /  
11:00 - 11:45am Parent Workshop**

**2:30 - 3:00pm Stay and Play /  
3:00 - 3:45pm Parent Workshop**



# Important dates to remember

## February

### Monday 2<sup>nd</sup> February

The Power of Home Languages Workshop 10:30 - 11:45am or 2:30 - 3:45pm  
FRED (Father's Reading Every Day) Launch

### 9<sup>th</sup> -15<sup>th</sup> February

Children's Mental Health Week

### Thursday 12<sup>th</sup> February

Parent Forum - Wellbeing and School of Family 9am and 1pm

### Friday 13<sup>th</sup> February

Last day of Spring 1 - Half Term break for all government funded children

### Tuesday 17<sup>th</sup> February

Lunar New Year  
Ramadan begins (STC)  
Shrove Tuesday

### Wednesday 18<sup>th</sup> February

Ash Wednesday  
Let's Talk Parenting Workshop 9:30-10:30am (MUST BOOK)

### Thursday 19<sup>th</sup> February

Healthy Lifestyle and Wellbeing - Health Visitor (Drop-in) 1:30-2:00pm

### Monday 23<sup>rd</sup> February

All children return back to nursery - Spring 2 term commences

### Tuesday 24<sup>th</sup> February

World Book Day Costume Making session 9-10:30am

### Thursday 26<sup>th</sup> February

World Book Day Costume Making session 1-2:30pm

### Friday 27<sup>th</sup> February

World Book Day Costume Making session 9-10:30am



# Important dates to remember

## March

### Monday 2<sup>nd</sup> March

Booster Seat Theatre performances for all children in nursery

### Thursday 5<sup>th</sup> March

World Book Day - a separate flyer with detailed info will be provided to families

### Friday 6<sup>th</sup> March

Parent Forum - Early Reading 9am and 1pm

Parent volunteer readers in to read to the children (let us know if you are interested)

### Sunday 15<sup>th</sup> March

Mother's Day

### Monday 16<sup>th</sup> - Friday 20<sup>th</sup> March (with the exception of Eid - possibly 18<sup>th</sup> March)

Parental Consultations take place all week (specific dates and times to be confirmed)

### Tuesday 17<sup>th</sup> March

St Patrick's Day

### Wednesday 18<sup>th</sup> March

Eid ul Fitr (Date to be confirmed)

Beep Beep Day - Road Safety Day

### Thursday 19<sup>th</sup> March

Accident Prevention and Minor Ailment Workshop (Health Visitor drop-in) 1:30-2pm

### Monday 23<sup>rd</sup> March

Places of Worship Educational Visit (Class group and dates to be confirmed)

### Tuesday 24<sup>th</sup> March

Places of Worship Educational Visit (Class group and dates to be confirmed)

### Wednesday 25<sup>th</sup> March

Places of Worship Educational Visit (Class group and dates to be confirmed)

### Friday 27<sup>th</sup> March

Last day of Spring Term for all government funded children

## April

### Friday 3<sup>rd</sup> April and Monday 6<sup>th</sup> April

Good Friday and Easter Monday - Nursery and Children's Centre closed to all

### Monday 13<sup>th</sup> April

Summer Term begins - nursery opens again for ALL children

