

December  
2018

## Rebecca Cheetham Nursery NEWSLETTER



### A warm welcome to our December Newsletter

Dear parents/carers,

We want to extend a huge thank you to all of the parents/carers who took the time to join us during our family week activities, **School of Family** in November this year. What a fabulous success it was with over 142 adult participants joining us throughout the week. If you were unable to attend but wanted to join in, please keep an eye out for other activities we will be holding throughout the year. We should also remind you that you are always welcome and actively encouraged to have a look at your child's **Special Book** in Blue and Green Room and write in the Parent's comments section.

For the parents of our children who will be leaving us for Reception in September, you should have picked up your **Primary School Application** guide by now and have made plans to visit some of the wonderful Newham primary schools to make an informed decision about where to send your child to Reception come September. Please make sure you have already registered on the **eadmissions** portal and are prepared to submit your application by **Tuesday 15th January 2019**. Please remember that submitting your application late could mean not getting your first preference.

We are always thankful for the wonderful feedback we receive from parents and carers throughout the year. We actively ensure that staff know what you think and we are always delighted to read about the great things you write about us; this encouragement certainly helps us to stay motivated and fills us with a sense of pride. In preparation for the inevitable visit from Ofsted, we encourage you to fill out a **Parent View survey**. This is a tool **Ofsted** uses in order to understand what parents feel about the school and can help us towards our ultimate goal of receiving

an **Outstanding** judgement. Based on the wonderful feedback you provide us through other channels we would hate to miss an opportunity for you to tell Ofsted your positive thoughts through this survey. You can access the link here and it requires a registration in order to provide your information.

<https://parentview.ofsted.gov.uk/login?destination=give-your-views>

Thank you very much in advance.

We are thrilled to share the wonderful news that Martha, our Rainbow Key Worker had a beautiful baby boy. We wish the family **congratulations** and every happiness and Martha a wonderful maternity leave. As such we have some **new faces** in the nursery that we would like to

introduce you to. **Naomi** and **Vicky** have been doing an absolutely wonderful job in Rainbow and we are very pleased to have them join the team. We have also employed two apprentices, **Sabrina** and **Shannon** and we are very excited to welcome them to the Rebecca Cheetham family whilst they complete their apprenticeship.

Don't forget the **Christmas Nativity** on **Wednesday 12th December** at **11.00am** and **2.45pm**. The children have been working very hard practicing their performances and we can't wait to present **A Little Bird Told Me** for your enjoyment!

### Nursery Opening Times

Extended day  
8.00am to 5.50pm

Morning place  
8.45am to 11.45am

Afternoon place  
12.30pm to 3.30pm

Charges apply for late collections.

### Attendance and Punctuality

**NURSERY TOTAL:**

**90.8%**

We take attendance and punctuality very seriously and it is proven that constant absence can be a major disruption to your child's development.

If your child will not be attending nursery, it is essential you contact us on the day and fill in an absence slip on their return to nursery.

We reward children who have 100% attendance at the end of each month. Will your child's name be featured on our poster?

Our 100% attendance children can be found further in the newsletter. We are excited at the great number of children who achieved 100%!

Book prizes are given at the end of the academic year to those children who have fantastic attendance results.

Rebecca Cheetham Nursery  
**Children's Centre**

**FE2 Parent Workshops**

**Water Play**

Come and meet our Early Education Practitioner (Koli), who will deliver a workshop to highlight the importance of Water Play. Ideas and strategies will be shared to help support your child's learning and development through Water Play.

**Rebecca Cheetham: Tuesday 4<sup>th</sup> December 2018,  
12:45pm-1:45pm**

Come along to our

**Hug in a Mug Coffee Morning**

Wednesday 5<sup>th</sup> December 2018  
8:45am to 9:45am

Come and join us for a catch up over a warm drink in a relaxed and friendly environment.

Meet other families within the Stratford and West Ham Community Neighbourhood and find out more about the services we can offer.

We look forward to seeing you there!

**Christmas Raffle**

Tickets are on sale NOW!

**£1 per strip**

Purchase your tickets today for a lucky chance to win one of our fantastic raffle prizes!

Tickets can be purchased from the front office or during any of our Children's Centre sessions.

The raffle will be drawn on  
Tuesday 18<sup>th</sup> December 2018.

**Good Luck!**

**Sensory Room Play**

Offering stimulation and relaxation for children and their parents and carers – includes lights, music and padded play equipment.

**Booking essential. Term time only.**

**(20 minute slots)**

**Thursday (AM):**

9:30am- 9:50am and 9:50am-10:10am

**Thursday (PM):**

1:30pm- 1:50pm and 1:50pm- 2:10pm

**Call to book your slot now!**

**Seeking Parent Champion Volunteer!**

Are you in receipt of 15 or 30 hours of free early education (FEE)? Can you spare a couple of hours a week or more to help promote the 15 and 30 hours of free early education.

If so I would like to hear from you.

**Help shape the Best Start in Life services for families with children under 5 by:**

- Talking to parents and giving them important information about childcare
- Help and encourage other parents to take up the FEE scheme

**And in turn this will help you:**

Builds your confidence and transferable skills, gain access to training and employment and this will also be a great way to give back to our community

**For further information please call the centre and ask to speak with:**

**Koli Miah – Parent Champion Co-ordinator**

**Learning Bags**

Come and collect a learning bag from the conservatory. We have lots of themed learning bags for you to borrow (Term time only).

**Every Tuesday 8.45am—9am and 3.30pm—3.45pm (only)**

**We will also be offering learning bags within our sessions at Rebecca Cheetham.**

A member of staff will be available to help you. Register your interest today!

## How we spent out Inset Day

We spent a wonderful training day on Friday 23rd November learning some amazing techniques in Special Yoga; a programme celebrating mindfulness for mental and emotional health resilience in the early years. We took part in a range of exercises in order to develop mindful practice within ourselves and then how to introduce such techniques to the children in order to develop a sense of peace, calm and self-regulation.

*“Emotional, Sensory and Behavioural self-regulation grows and strengthens over time for young children. This is hugely due to nurturing attachment relationships and through adults around them living and modelling ways to integrate the brain, the emotions and the different systems of the body.”*

*A child’s awareness of how to recognise and label how they are feeling, together with a growing process of how to contain and regulate their emotions plays a fundamental part in their relationships with themselves, other people and the world around them.”*

We eventually hope to offer parents some workshops in order to teach you some of these techniques to help restore calm in your own lives.



December 2018

## RC Parent Forum

Our next *Parent Forum* session is on

**Tuesday 11<sup>th</sup>  
December  
9am, 12.45pm or  
4.30pm**

We look forward to welcoming you to discuss our topic on

**Mark Making** and give you advice on how you can help your child make excellent progress:

We are also on hand to discuss your views of the Nursery and Children’s Centre.

*We love to hear praise just as much as critique!*

Your views are very beneficial to how we can move forward together.

**Please sign up in the front office to secure a place.**

### Children who achieved 100% attendance

Leila	Sofia J	Nancy
Fatima S	Emmanuel	Ariella
Maya B	Xin	Noah
Joshua	Remiel	McKenzie
Ziann	Romeo	Kai
Rio	Mayann	Robert
Hamza	Mariana	Annabelle
Layla	Jasmine	Cairo W
Navarn	Aanya	Evie
Jaidev	Tafhim	Cassius-Chan



### Attendance

“Research has shown that attending early years education and care can help to improve children’s outcomes and narrow the gap associated with socio-economic disadvantage. The UK government, as well as other governments overseas, have consequently made large increases in the number of free hours of early years education available to parents of pre-school children, particularly among disadvantaged groups.”

<http://www.nuffieldfoundation.org/impact-nursery-attendance-childrens-outcomes>

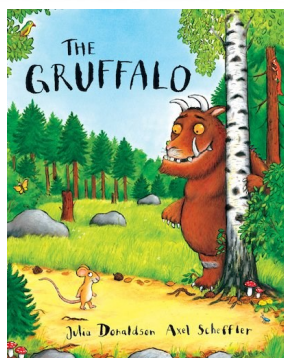
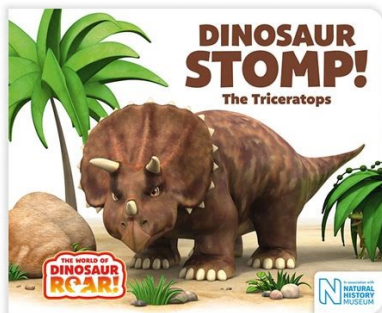


## READING in the NURSERY

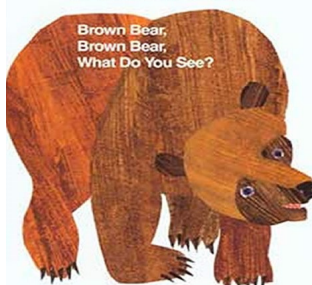
We use books to open up a world of learning for our children. The core books we use, relate to children's interests and we feed that through the breadth of activities we offer within the provision. We also think that using books as the base for our learning helps children love reading on a deeper level which we hope they will keep with them throughout their education.

If you have an opportunity to share these books with your children, it will offer even more learning opportunities between the nursery and home.

If your child loves a particular book why not tell us about it in the "What I Did" book; we'd love to hear your feedback!



Bill Martin Jr / Eric Carle



## READING PASSPORT

Make sure you pick up a Reading Passport and make an effort to take some additional reading books home to read to your child. Remember that the more books you borrow, the more opportunities you will have to receive some book prizes for your efforts. See Rio at the front office for more info.



## Important Dates

### December 2018

Tuesday 4th December 2018—FE2 Parent Workshop (Water Play) 12:45pm to 1:45pm

Wednesday 5th December 2018—Hug in a Meg Coffee Morning 8:45am to 9:45am

Tuesday 11th December 2018—Parent Forum on Mark Making at 9:00am, 12:45pm or 4:30pm

Wednesday 12th December 2018— Winter Concert

Thursday 13th December 2018—Stratford Circus Theatre Visit

Monday 17th December 2018—Party Day

Thursday 20th December 2018—Friday 4th January 2019 - Nursery closed to all government funded children.

Monday 24th December 2018— Tuesday 1st January 2019—Nursery closed to all extended day children.

### January 2019

Monday 7th January 2019—Government Funded children return to Nursery.

Monday 7th January 2019—Children Centre activities commence.

Friday 11th January 2019—Inset day. Nursery closed to all children.

Tuesday 15th January 2019—Parent Forum looking at Outdoor Play 9:00, 12:45pm or 4:30pm.

Thursday 31st January 2019— Children Centre is closed.



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and Children's Centre  
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