

September

2020

Rebecca

Cheetham Nursery

NEWSLETTER



Nursery Opening Times

Extended day
8.00am to 6.00pm
Or 8.00am to 5.00pm

30 Hours
9.00am—3.00pm

Morning place
9.00am to 11.45pm

Afternoon place
1pm to 3.45pm

Charges apply for late collections.

Attendance and Punctuality

NURSERY TOTAL:

92.7%

A warm welcome to our September Newsletter

Dear parents/carers,

We are so pleased that we have been able to fully open our doors to all children again, after months of only small numbers of children being able to attend nursery during lockdown. I am very proud that we continued to offer provision to key worker and vulnerable children during some very difficult and strange times. I am also extremely proud of my team in the nursery and the children's centre for the work they did in maintain close contact with parents and carers, checking in with them to make sure everything was okay and offering assistance where it was needed.

We have been working very hard behind the scenes to make sure we have sufficient mitigating safety measures in place to make sure your child's nursery experience is not only safe, but also doesn't compromise on the wonderful educational and developmental offer of which we are so proud. We will be constantly updating our risk assessment as guidance changes and we will inform you of any changes as and when they occur. Our current, up-to-date guidance for our families can be found here: <https://www.rebeccacheetham.newham.sch.uk/attachments/download.asp?file=2648&type=pdf> Please make sure you are reading all the information that we are sending to you. The most effective means of us contacting you is via text message and email; we will always have paper copies for you if you want but please make sure we have your most up-to-date details to ensure you are getting all the information we need to send to you.

Please rest assured that your children are enjoying themselves even with all the safety measures in place.

It is really important that we work together to ensure that we minimise the need to close down a classroom bubble or the school. It is essential that if you or your child have, even one of the three identified symptoms, you keep your child at home, inform us and get a test. A

confirmed negative test result can make the difference between your child having a few days off and having to isolate an entire classroom of children and staff.

To remind you of the symptoms:

- A high temperature above 38°C
- You have a new or persistent cough or you have respiratory problems
- A loss or change to your sense of smell or taste
- You have had any possible contact with someone who currently has the virus

If you need to get tested, you can arrange a test online (<https://www.gov.uk/get-coronavirus-test>) or by contacting 119.

Make sure you let us know of your test results as soon as you receive them. We would need to see the proof of the result as well.

We will send you a link about our **TFL Stars Travel Survey** and we wholeheartedly encourage you to participate in our ACTIVE TRAVEL TO SCHOOL WEEK from the **12th of October through to the 16th October**. During this week we ask you to come to school without a car or vehicle and instead, use your feet, your scooter or your bike. The survey will help us to get a better idea on how our community make their way to school and all completed surveys will receive a Rebecca Cheetham snapband!

We take attendance and punctuality very seriously and it is proven that constant absence can be a major disruption to your child's development.

If your child will not be attending nursery, it is essential you contact us on the day and fill in an absence slip on their return to nursery.

We reward children who have 100% attendance at the end of each month. Will your child's name be featured on our poster?

Book prizes are given at the end of the academic year to those children who have fantastic attendance results.

Rebecca Cheetham Nursery Children's Centre

Due to the current situation, we regret to inform all our lovely families that all of our onsite services remain temporarily paused. We are missing you all very much and have been working on ways in which we can continue to reach out to you all. We are currently delivering short sessions for you can enjoy from the comfort of your own home. These are being delivered through an online app called 'Zoom'. To register your interest for our virtual sessions please visit our Rebecca Cheetham website, Children's Centre and go to Virtual Sessions. Follow the link to our Google form or alternatively type in the link below to your web browser: <https://forms.gle/ev4eQigw4HBRtKhGA> Once registered, you will then be contacted via email so please ensure that you are regularly checking your mail box. Invitations will be sent on a weekly basis.

STRATFORD AND WEST HAM CHILDREN'S CENTRE VIRTUAL SESSIONS TIMETABLE

	Active Monday	Tuesday	Wednesday	Baby Thursday	Friday
Morning	Live Zoom Session Active Fun (Booking required) 10:00am – 10:30am Over 18 months Pre recorded released on Facebook	Live Zoom Session Singing & Storytelling (Booking required) 10:00am – 10:30am 0 – 5 years	Family Support Virtual Coffee Morning (INVITE ONLY) 10:00am – 10:30am	Live Zoom Session Baby Singing (Booking required) 10:00am – 10:30am Under 18 months	Live Zoom Session Click and Chat - Parent Support (Booking required) 10:00am – 10:30am Pre recorded released on Facebook
Afternoon	Live Zoom Session Active Fun (Booking required) 1:00pm – 1:30pm Over 18 months	Live Zoom Session Little Talkers (INVITE ONLY) 1:00pm – 1:30pm Childminders Network & Training Via Zoom (Booking required) 2:00pm – 3:00pm	Visit our Facebook Page: Rebecca Cheetham Nursery and Children's Centre	Live Zoom Session Baby Singing (Booking required) 1:00pm – 1:30pm Under 18 months	Live Zoom Session Singing & Storytelling (Booking required) 1:00pm – 1:30pm 0 – 5 years

You will be able to book into any of our sessions by completing the short registration form that can be found on our website:
[Rebeccacheetham.newham.sch.uk](https://rebeccacheetham.newham.sch.uk); Children's Centre BSIL; Virtual Sessions

We look forward to seeing you soon.

Please do not hesitate to contact us if you have any questions by calling us on 0208 534 3136.

UCL Survey

The University College of London are working with the London Borough of Newham to understand the impact of Covid-19 and have asked for our help! They have created a survey which we have been asked to promote. If you live in Newham and have a child under 5 years or are pregnant and willing to participate please follow the link below:

www.newham.gov.uk/CovidResearch

As a 'Thank you' you will then receive a £10 voucher. For help or if you have any questions please contact **Newham Council's Family Information Service on 020 3373 0980**. or alternatively speak to a member of staff who will be happy to support you in completing this.

Family Support

The Family Support Team are still continuing to support families in our community neighbourhood during this challenging time.

If you would like support from our Family Support Team, please make contact with us. We are here to help you and your family.

We will be able to support you and your family's needs in order for you to overcome any issues or challenges you are experiencing.

If you would like support from the Family support Team please contact us or complete the referral form using the link below:

https://newham-self.achieveservice.com/service/Early_Help_Family_Support_Referral

Keeping Ourselves Healthy

September 2020

With so much in the media surrounding coronavirus it is important for us to reflect and think about how we help to prevent ourselves from getting any kind of contagious virus.

Washing your hands is an easy preventative step and it's surprising to know that even if we think we might be washing our hands properly and thoroughly, we may not be doing a good-enough job. We have included this link to the NHS that shows us exactly how to wash our hands. Please take a moment to familiarise yourselves and help your children to learn how to wash their hands thoroughly. We will also be doing the same thing with the children at the nursery.

Please also make sure you follow the guidance offered below regarding sneezing and coughing.

We can do a lot to help keep ourselves healthy and if our children see us being vigilant in regards to this then they will want to follow our lead.

CATCH IT

Germs spread easily. Always carry tissues and use them to catch your cough or sneeze.



BIN IT

Germs can live for several hours on tissues. Dispose of your tissue as soon as possible.



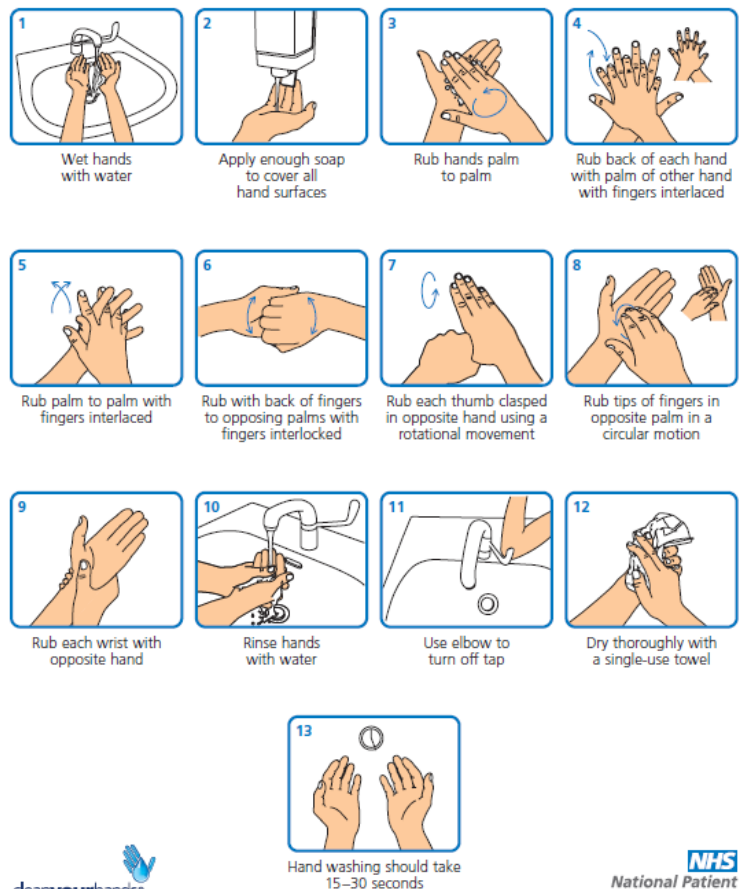
KILL IT

Hands can transfer germs to every surface you touch. Clean your hands as soon as you can.



Hand-washing technique with soap and water

NHS

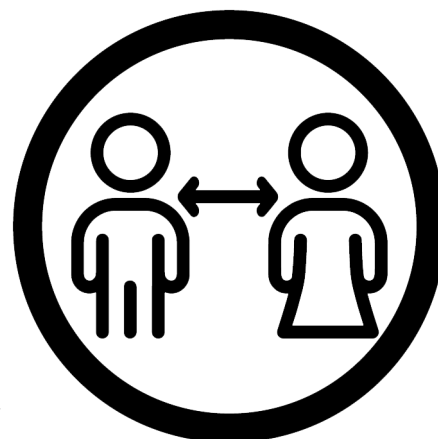


cleanyourhands[®]
campaign

NHS
National Patient
Safety Agency



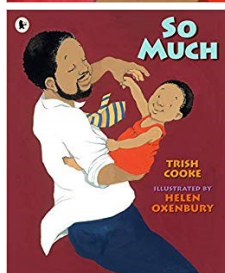
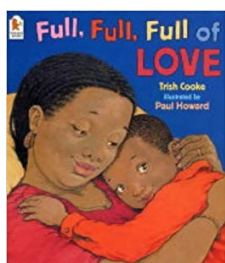
Outside of school it is important for your household to follow the current government advice to avoid bringing the virus into school. For example, Social gatherings of more than six people will be illegal in England from Monday 14th September.



Only one parent should come to the site and should keep their distance from other people.

Who is Cooke?

Trish Cooke is a playwright and children's book writer. In 1988 Trish was awarded the Thames TV theatre writers award and was writer in residence at Liverpool Playhouse. Her first stage play *Back Street Mammy*, about teenage pregnancy, was produced by Temba Theatre Company at the Lyric Hammersmith in 1989 and then by the West Yorkshire Playhouse in 1991. That year she also wrote for *EastEnders* (BBC). Between 1988 and 1996 Trish was a presenter and scriptwriter on *Playdays* (BBC) and her children's book, *So Much* (Walker Books 1994) won the Smarties book prize, Kurt Maschler award and the W.H. Smith and *She* magazine award. The book was voted one of the 100 best children's books by *Time Out* in 2016.



So Much

Full, Full, Full of Love

Catch

Mr Pam Pam and the Hulla-buzzo

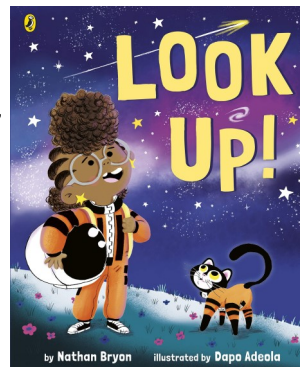
When I Grow Bigger

The Colour Monster

We use books to open up a world of learning for our children. The core books we use relate to children's interests and we feed that through the breadth of activities we offer within the provision. We also think that using books as the base for our learning helps children love reading on a deeper level which we hope they will keep with them throughout their education.

We will be using books to enhance key messages we want to impart through our whole nursery and children's centre.

This month our key book is *Look Up*, written by Nathan Bryon and illustrated by Dapo Adeola. What a firework of a book this is and a perfect book to welcome **Black History Month**. The hero of the story, Rocket, is obsessed with space and stars and has visions of becoming an astronaut in the future, just like her hero Mae Jemison. Throughout the story she encourages her community to *Look Up* and in effect, reach for the stars.



We think it is so important for our children to also reach for the stars and to have access to inspiring role models from all backgrounds. This Black History Month we will be focusing on "Looking Black to the Future" and encouraging our children to find out more about those incredible black historical figures whom all our children can aspire to.

We will be providing you with more information regarding Black History Month in our communications with you during the month. Please, also have a look at the Newham Black History Month Website at <https://www.newhamblackhistory.org/>

October

Important Dates

BLACK HISTORY MONTH—all month!

Friday 16th October 2020—School Photo Day

More details to follow regarding our Covid-secure management of your child's photographs.

Monday 26th October—Friday 30th October 2020—

Nursery closed for all government funded children for half term.



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and Children's Centre
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Facebook



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