



YOUR MENU @

**REBECCA CHEETHAM
NURSERY**

Spring - Summer 2025

WEEK 1	Monday	Tuesday	Wednesday	Thursday	Friday
Choice 1	Sweet Chilli Meatballs with Rice	Salmon & Sweet Potato Fishwich with Jacket Wedges	Roast Chicken & Herby Stuffing with Roast Potatoes	Fruity Caribbean Chicken with Rice & Peas	Fish Fingers with Chips
Choice 2	Jacket Potato with Choice of Fillings V	Veggie Keema With Rice & Naan V	Spinach & Feta Whirl with Roast Potatoes V	Quorn Mayo Wrap PB	Pizza Slice with Chips V
Vegetable Selection	Sweetcorn Fresh Broccoli	Green Beans Fresh Carrots	Seasonal Fresh Vegetables	Mixed Vegetables Sweetcorn	Garden Peas Baked Beans
Dessert of the Day	Frozen Yoghurt with Fruit Salad* V	Apple & Berry Crumble with Custard* V SS	Peaches with Greek Yoghurt with Honey Crunch* V SS	Brownie Slice with Ice Cream* V SS	Summer Fruit with Whipped Cream* V

Daily Options

Salad Bar / Freshly Baked Bread / Fresh Fruit / Fruit Yoghurt

WEEK 1 22 Apr, 12 May, 9 Jun, 30 Jun, 21 Jul, 1 Sep, 22 Sep, 13 Oct

MEAT SERVED AT THIS NURSERY IS HALAL

KEY: V - Vegetarian PB - Plant Based SS - Sugar Smart
* - (Egg Free Dessert Recipe)



DINEin
AND DISCOVER



YOUR MENU @

**REBECCA CHEETHAM
NURSERY**

Spring - Summer 2025

WEEK 2	Monday	Tuesday	Wednesday	Thursday	Friday
Choice 1	Chicken Burrito with Coleslaw & Mexican Salad	Baked Sausage with Mashed Potatoes	Roast Chicken with Yorkshire Pudding & Roast Potatoes	Lamb & Vegetable Jolloff Rice	Fish in Batter with Chips
Choice 2	Rasta Pasta with Jalapeno Bread V	Veggie Sausages with Mashed Potatoes V	Quorn Fillet with Yorkshire Pudding & Roast Potatoes V	Calzone Pizza Slice V	Sausage & Stuffing Roll with Chips PB
Vegetable Selection	Sweetcorn Fresh Broccoli	Garden Peas Baked Beans	Seasonal Fresh Vegetables	Mixed Vegetables Sweetcorn	Fresh Carrots Green Beans
Dessert of the Day	Frozen Orange & Mango Smoothie* PB	Chocolate & Pear Slice with Chocolate Sauce* SS V	Lemon & Date Flapjack Slice* SS V	Peach Melba Crumble with Ice Cream* SS V	Jelly with Summer Fruit* PB

Daily Options

Salad Bar / Freshly Baked Bread / Fresh Fruit / Fruit Yoghurt

WEEK 2 28 Apr, 19 May, 16 Jun, 7 Jul, 22 July, 8 Sep, 29 Sep, 20 Oct

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YOUR MENU @

**REBECCA CHEETHAM
NURSERY**

Spring - Summer 2025

WEEK 3	Monday	Tuesday	Wednesday	Thursday	Friday
Choice 1	Lamb Burger in a Bun with Jacket Wedges	Souvlaki Chicken with Rice	Roast Lamb with Yorkshire Pudding & Roast Potatoes	Roast Chicken Pie with Jacket Wedges	Fish Fingers with Chips
Choice 2	Veggie Pasta Bake V	Vegetable Samosa with Tarka Dhal & Basmati Rice PB	Chickpea & Potato Curry with Rice PB	Mac & Cheese with Focaccia V	Veggie Pattie Muffin with Chips V
Vegetable Selection	Sweetcorn Fresh Broccoli	Green Beans Fresh Carrots	Seasonal Fresh Vegetables	Mixed Vegetables Sweetcorn	Garden Peas Baked Beans
Dessert of the Day	Fruit with Frozen Yoghurt* V	Banana Slice with Chocolate Custard* SS V	Tropical Cheesecake* V	Lemon & Berry Cake with Custard* SS V	Summer Fruit Platter with Ice Cream * V

Daily Options

Salad Bar / Freshly Baked Bread / Fresh Fruit / Fruit Yoghurt

WEEK 3

6 May, 2 Jun 23 Jun, 14 Jul, 15 Sep, 6 Oct.

MEAT SERVED AT THIS NURSERY IS HALAL

KEY: V - Vegetarian PB - Plant Based SS - Sugar Smart

* - (Egg Free Dessert Recipe)

Eat for Free Scheme funded by



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REBECCA CHEETHAM NURSERY BREAKFAST MENU

BREAKFAST	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Toast/Crumpets or Tea Cakes with spread	Toast/Crumpets or Tea Cakes with spread	Toast/Crumpets or Tea Cakes with spread	Toast/Crumpets or Tea Cakes with spread	Toast/Crumpets or Tea Cakes with spread
	Selection of various cereals				

REBECCA CHEETHAM NURSERY TEAS MENU

WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Scrambled eggs with salad and wholemeal bread	Tuna/cream cheese with bagels	Tomato soup with croutons	Fish fingers with baked beans and wholemeal bread	Pitta bread served with houmous, carrots, tomatoes and cucumber sticks
	Fresh fruit and yoghurt available				

WEEK 1 : 22nd Apr, 12th May, 9th Jun, 30th Jun, 21st Jul, 1st Sep, 22nd Sep, 13th Oct

WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Baked beans and wholemeal bread	Tomato soup with croutons	Fusili pasta with tuna, cucumber, sweetcorn and cheese	Cheese sandwiches served with fresh salad	Scrambled eggs with salad and wholemeal bread
	Fresh fruit and yoghurt available				

WEEK 2: 28th Apr, 19th May, 16th Jun, 7th Jul, 22nd July, 8th Sep, 29th Sep, 20th Oct

WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Fish fingers with baked beans and wholemeal bread	Scrambled eggs with salad and wholemeal bread	Tuna/cream cheese with bagels	Pitta bread served with houmous, carrots, tomatoes and cucumber sticks	Tomato soup with croutons
	Fresh fruit and yoghurt available				

WEEK 3: 6th May, 2nd Jun, 23rd Jun, 14th Jul, 15th Sep, 6th Oct

TEA MENU DATES

WEEK 1 : 22nd Apr, 12th May, 9th Jun, 30th Jun, 21st Jul, 1st Sep, 22nd Sep, 13th Oct
 WEEK 2: 28th Apr, 19th May, 16th Jun, 7th Jul, 22nd July, 8th Sep, 29th Sep, 20th Oct
 WEEK 3: 6th May, 2nd Jun 23rd Jun, 14th Jul, 15th Sep, 6th Oct

SNACK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Selection of rice cakes/crackers or breadsticks with spreads	Selection of rice cakes/crackers or breadsticks with spreads	Selection of rice cakes/crackers or breadsticks with spreads	Selection of rice cakes/crackers or breadsticks with spreads	Selection of rice cakes/crackers or breadsticks with spreads
	Fresh fruit and yoghurts				