

MENU



Rebecca Cheetham
Autumn/Winter 2026/27

WEEK 1

Week Commencing:
02/11/26, 23/11/26,
14/12/26, 4/1/27, 25/1/27,
15/2/27, 15/3/27,

HOW WE
DO LUNCH



Juniper

CLUB

	Planet Friendly Monday	Tuesday	Wednesday	Thursday	Friday
Choice 1	Chicken Stir Fry with Egg Noodles	Lamb & Vegetable Curry with Wholemeal Rice	Roast Chicken & New Potatoes	Mixed Bean Bolognese Pasta Bake	Steamed Fish in Tomato & Pepper Sauce with Homemade Wedges
Choice 2	Tofu Stir Fry with Egg Noodles	Chickpea & Vegetable Curry with Wholemeal Rice	Mushroom & Butter Bean Pasta Bake		Cheese & Bean Pasty with Homemade Wedges
Vegetables	Pak Choi Carrots Sweetcorn	Peppers, Courgette Aubergine	Green Bean Carrots	Roast Courgette, Peppers	Peas
Dessert	Warm Winter Fruit Salad with Yoghurt	Apple Crumble with Custard	Yoghurt with Fruit	Sliced Bananas & Creme Fraiche	Rhubarb Fool

- PB** Plant Based
- V** Vegetarian
- SS** Sugar Smart

All meat served is Halal



MENU



Rebecca Cheetham
Autumn/Winter 2026/27

WEEK 2

Week Commencing:

09/11/26, 30/11/26,
21/12/26, 11/1/27, 1/2/27,
1/3/27, 22/3/27

HOW WE DO LUNCH



Juniper

CLUB

Monday

Tuesday

Wednesday

Thursday

Friday

Choice
1

Lamb Chilli with
Jacket Potato &
Crème Fraiche

Vegetable & Lentil
Lasagne

V

Roast Turkey &
New Potatoes

Lamb & Vegetable
Curry with
Wholemeal Rice

Sweet Potato Salmon
Fishcakes with Peas

Choice
2

Kidney Bean Chilli
with Jacket Potato
& Crème Fraiche

PB

Wholemeal Cheese &
Leek Egg Flan with
New Potatoes

V

Chickpea & Lentil
Curry with
Wholegrain Rice

PB

Cheesy Bean and
Sweet Potato
Quesadillas with Peas

V

Vegetables

Aubergine,
Courgette, Pepper,
Sweetcorn



Italian Salad
(Lettuce,
& quartered
Cherry Tomatoes)



Fresh Carrots
Broccoli



Peppers, Peas



Peas

Dessert

Pineapple &
Greek Yoghurt

V

Plum Crumble with
Crème Fraiche

PB

Apple & Raspberry
Compote

PB

Mixed Fruit Salad

PB

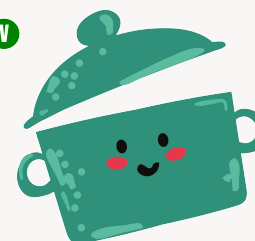
Scotch Pancakes
with Banana &
Mandarin Oranges

V

PB Plant Based
V Vegetarian
SS Sugar Smart

All meat served is Halal

V



MENU



Rebecca Cheetham
Autumn/Winter 2026/27

WEEK 3

Week Commencing:
16/11/26, 07/12/26,
18/1/27, 8/2/27,
8/3/27, 29/3/27

**HOW WE
DO LUNCH**



Juniper

CLUB

Monday

Tuesday

Wednesday

Thursday

Friday

Choice
1

Lentil Shepherd's Pie

V

Sweet & Sour
Chicken
with Egg Noodles

Fish Curry with
Wholemeal Rice

Roast Lamb &
Stuffing, with
New Potatoes

Jerk Chicken with
Wholemeal Pasta

Choice
2

Sweet & Sour Tofu
with Egg Noodles

V

Lentil, Coconut
Yoghurt & Butternut
Squash curry
Wholemeal Rice

PB

Roast Vegetable
Frittata with
New Potatoes

V

Butter Bean
Macaroni Cheese

V

Vegetables

Green Beans
Sweetcorn

Carrot
Pepper
Tomato

Tomatoes
Peppers
Spinach

Broccoli
Carrots

Braised Cabbage
Peas

Dessert

Banana & Greek
Yoghurt

V

Apple & Carrot Bake

V

Mango Rice Pudding

V

Autumn Fruit Salad
(apple, pear, plum,
blackberries)

SS

V

Cream Cheese
with Orange
& Peach Slices

V

PB Plant Based
V Vegetarian
SS Sugar Smart

All meat served is Halal

